



FRIDAY
20% Chance of T-Storms
94/72

SATURDAY
30% Chance of T-Storms
90/72

SUNDAY
30% Chance of T-Storms
92/72

C THE CARRBORO CITIZEN



The Prez celebrates his 90th
See page 3



Fern-like leaves, frilly flowers and twisted bean pods characterize invasive mimosa.

PHOTO BY KEN MOORE

One killed, two injured in Horace Williams plane crash

BY KIRK ROSS
Staff Writer

CHAPEL HILL — Flights in and out of Horace Williams Airport resumed Wednesday, two days after the crash of a single-engine plane killed the pilot and injured his co-pilot and a passenger.

Pilot Thomas Pitts, 65, of Wilmington, Del., was killed and his friend and co-pilot Jimmy Donahue and passenger Kyle Henn injured when Pitts' Cirrus SR20 crashed on approach to the airport about 3:15 p.m. Monday.

The two Delaware men were ferrying Henn to North Carolina to be with his parents after his brother, Nate Henn, was killed in last weekend's terrorist bombings in Uganda that targeted fans watching the World Cup finals.



The crumpled wreckage of a Cirrus SR20 rests a few dozen yards from the runway at Horace Williams Airport.

PHOTO BY KIRK ROSS

SEE **CRASH** PAGE 8

AHEC move date clearer

CHAPEL HILL — Basic economics have changed the timeline if not the strategy for UNC's Carolina North project, even as the likelihood has increased of the departure of the Medical Air operations.

Moving Med Air, which transports doctors and health care instructors for the medical school's Area Health Education Center program, to Raleigh-Durham (RDU) International Airport is likely to occur sometime late next spring or early summer, according to Jack Evans, who is leading the Carolina North project.

Evans said he expects Med Air's fleet of six aircraft to move to a new hangar under construction at RDU. Work on the hangar is expected to be complete in March 2011.

SEE **AHEC** PAGE 8

FLORA BY KEN MOORE

My favorite tree has to go

Last week, several *Citizen* readers said to me, "Ken, you should write about exotic invasives!" My response: "Well, I do occasionally write about them, but I try to focus more on the beauty of our native flora." How appropriate then that this past week's *Citizen* carried a front-page article titled, "Carrboro updates its invasive plants list."

At the top of Carrboro's new Do Not Plant list are two trees featured in the July 12, 2007 Flora. Some of you may remember them.

I spent childhood days playing under a neighbor's giant mimosa tree with fragrant silky flowers in summer and twisted bean pods in the fall. The mimosa, also called silktree, *Albizia julibrissin*, remains for me one of the most exotically beautiful of all trees. And exotic it is, having been introduced from Asia in the mid-1700s, though it's now at home throughout North Carolina and the entire Southeast. I'm still trying to get rid of one I set in my yard two decades ago. The staff of the N. C. Botanical Garden has had success eradicating a formerly persistent population along the Coker Pinetum on Manning Drive.

Magnificent specimens of mimosa thrive throughout Carrboro and Chapel Hill. Though you are most likely not going to cut down a specimen, you do need to be aware that those bean pods can spread far beyond your yard. We should be concerned about the big specimen below the Morgan Creek bridge on Smith Level Road. The creek provides seed dispersal for future trees all the way down to Jordan Lake and beyond. Those magnificent specimens in the vicinity of the Courtyard on West Franklin Street pose a similar threat. Those seeds reach Jordan Lake via storm drains into that same Morgan Creek.

SEE **FLORA** PAGE 10



World Cup fans at Italian Pizzeria III on Franklin Street whoop it up early into Sunday's final match.

PHOTO BY KIRK ROSS

'Hello summer, goodbye cold. Come join us with friends, family and tales of old.'

BY SUSAN DICKSON
Staff Writer

Tucked away in the hills off South Greensboro Street, down a dirt path and across a wooden bridge over a creek, sits an old empty swimming pool. Dappling sunlight comes through the thick canopy of trees, and the echo of the chatter of Carrboro youth of years past is almost audible.

The property at 116 Old Pittsboro Road — the house atop the hill keeping watch, a meandering stone wall and the old Sparrow Pool — is magical. The shadows cast on the old cement-sloped swimming pool suggest ghosts of those who once bathed here.

A couple of weeks ago, a group of old friends and former neighbors, some of whom had not seen one another for years, got together at their old gathering place. They caught up with each other, shared old stories and wandered around the place where they used to spend so many lazy summer days. The nostalgia in their voices was evident as they recalled their adventures at Sparrow's Pool.

Jane and Logan Kendall bought the 10.5-acre property about a year and a half ago. They have since lovingly restored the old house and now are digging pieces of history from the land surrounding it. They spent months tracking down those who used to swim in the pool and pass Saturday nights in the dance hall, then sent out an invita-

tion — using a 90-year-old advertisement announcing the pool's opening — to a party. "Hello summer, goodbye cold. Come join us with friends, family, and tales of old," the invitation read.

The 'Sycamore Hole'
Joseph and Mattie Sparrow built the pool, also known as "The Sycamore Hole," down the hill from their Carrboro home at the end of World War I. They opened it to the public and charged admission, and it quickly became a popular hangout for those hoping to escape the summer heat.

An ad in a 1923 copy of the *Chapel Hill Weekly* announcing the reopening of the pool reads:

"The swimming pool in Carrboro will open day after tomorrow, Saturday, May 5. On that day all who bring their own bathing suits may use the pool without charge.

We now get filtered water from the University, and it is changed frequently.

We have a new spring board, a new diving stand, and a new cement walk around the pool.

There are two shower baths for men and one for women.

We promise our patrons a clean place and the best of service."

The flier also notes that wool bathing suits could be rented for 25 cents, cotton for 15 cents.

SEE **POOL** PAGE 8

INSIDE

Biz Beat's back

See page 7

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Mattie Sparrow looks on as swimmers enjoy Sparrow's Pool.

PHOTO COURTESY OF LAWRENCE MCADAMS

MUSIC CALENDAR



SWASO
Local 506
Sat, July 17

THURSDAY JULY 15

Blue Bayou: Will Baker. 9pm
City Tap: New Town Drunks. 7pm
The Cave: LATE: The K-Macks
East 54: Hammer No More The Fingers. 5:40-7:30pm. Free
General Store Cafe: Tony Galiani Band. 7-9pm
Local 506: Tom Maxwell, Bustello. 9pm. \$6/7
Weaver Street Market: Different Drum. 6-8pm

FRIDAY JULY 16

Blue Bayou: Me and My Monkey. 9:30pm
Bynum Front Porch: Great Big Gone. 7-9pm
Caffe Driade: Saludos Compay. 8pm
Cat's Cradle: Edward Sharpe and The Magnetic Zeros, We Are Each other. 9pm
The Cave: LATE: Twilighter

City Tap: Michelle Belanger, John Worthington. 5-7pm. The Bo-Stevens. 7-10pm
General Store Cafe: Bill Toms, Tom Brieding. 8-10:30pm
Jessee's Coffee and Bar: Keely Freeman Phillips, Leigh Stringfellow. 8pm
Local 506: Future Islands, Ear Pwr, Nuclear power Pants, Fat Camp. 10pm. \$7/9
Souther Village: Climb Jacob's ladder. 7-8:30pm

SATURDAY JULY 17

Blue Bayou: Gasoline Stove, Memphis the Band. 9:30pm
Caffe Driade: Kevin Masch. 8pm. \$15/17
Cat's Cradle: The Love Language, The Light Pines, Shit Horse. 9pm
The Cave: EARLY: See No Weevil. \$5 LATE: Spider Bags, Fletcher, Last Year's Men
City Tap: Blood Red River. 8-10pm
General Store Cafe: Hindugrass. 8-10:30pm
Jessee's Coffee and Bar: Luego, Brett Harris. 8pm
Local 506: Swaso, 100 Yorktown. 9pm. \$5/7
Nightlight: Juan Huevos, Menyal. 10pm. \$5

SUNDAY JULY 18

Milltown: Pros and Cons, CLARQ. 7-9PM
Southern Village: Andrew Marlin. 7pm
Weaver Street Market: The Hushpuppies. 11am-1pm
Tuesday July 20
The Cave: LATE: Henchmen. \$5
Wednesday July 21
Caffe Driade: Daniel Lawrence.
Cat's Cradle: The Butchies, Tami Hart, Pink Flag, The Cuntry Kings. 9pm. \$7/8
The Cave: EARLY: Gray Byrd LATE: DexterRomweber. \$5
Nightlight: Endless Boogie, In The Year of The Pig. 9:30pm

THURSDAY JULY 22

Blue Bayou: Jo Gore and the Alternative. 9:30pm
Cat's Cradle: John Hiatt and the Combo. 8pm. \$35
The Cave: LATE: Jake Melnyk, Patrick Turner, Sarah Howell. \$5

City Tap: Marc Brown. 7-9pm

General Store Cafe: Marie Vanderbeck Quartet. 7-9pm
Local 506: Joe Pug and the Hundred Mile Band, Rayland Baxter, BJ Barham. 9pm. \$8
Nightlight: Lake Inferior, Casual Curios, Hidden Cat. 9:30pm
Weaver Street Market: The Whiskey Smugglers. 6-8pm

FRIDAY JULY 23

Blue Bayou: Lil malcolm and the House Rockers. 9:30pm
Caffe Driade: Chris Titchner. 8pm
The Cave: EARLY: Joe Mejer LATE: Fluff Chick, Actual Persons Living or Dead
City Tap: The Straight 8s. 7-10pm
General Store Cafe: WestGlen. 8-10:30pm
Jessee's Coffee and Bar: Saludos. 8pm
Local 506: Guided By Vintage, GBV Tribute Night
Open Eye Cafe: Jake Melnyk, Patrick Turner. 8pm

SATURDAY JULY 24

Blue Bayou: WSNB. 9:30pm
Caffe Driade: Pablo Valencia. 8pm
Cat's Cradle: Girls Rock NC Showcase. 7:30pm. \$5 suggested donation
The Cave: EARLY: Pegan hellcats LATE: Mark Holland's Rhythm Force
City Tap: Kitty Box and The Johnnys. 8-10pm
General Store Cafe: Tommy Edwards and Friends. 8-10:30pm
Jessee's Coffee and Bar: Birds and Arrows, Stars Explode. 8pm
Local 506: Fashion Design
Milltown: DJ One Duran
Open Eye Cafe: Stoll Vaughn. 8pm

SPOTLIGHT: Tomato Festival



Local farmers' markets hold annual tomato festivals

The Carrboro Farmers' Market, Eno River Farmers Market and South Estes Farmers' Market will hold their annual tomato festivals on Saturday. Farmers will showcase and offer tastings of a variety of tomatoes during market hours.

The Carrboro Farmers' Market will hold its annual Tomato Day - Día del Tomate! - starting at 8 a.m., featuring dishes from North America, South America and Central America. There also will be live music and face painting and a display alongside the gazebo of all the types of tomatoes grown by local farmers.

The Eno River Farmers Market will host TomatoFest, featuring more than 57 types of tomatoes in a variety of shapes, sizes and colors. Tomato varieties will include Cherokee Purple, Arkansas Traveler, Aunt Ruby's German Green, Better Boy and Pink Girl. There will be tomato tastings from the vendors, recipes, cooking tips and canning and storage ideas.

The South Estes Farmers' Market is marking its third year of tomato celebrations with a tasting, recipes and activities for kids, including how to make a solar pizza oven. Market goers also will be invited to vote on their favorite variety.

MOVIES We suggest you call for exact show times

CAROLINA THEATRE OF DURHAM

309 W Morgan St., 560-3030
Summer Repertory Film Series — George Stevens' Giant, Friday and Sunday through Thursday at 7pm (No Saturday show) and Sunday matinee at 2 p.m.; Coco Chanel and Igor Stravinsky, nightly at 7:15 & 9:30 p.m. (no 7:20 p.m. show on Friday), Saturday and Sunday matinees at

2:15 & 4:35 p.m.; Winter's Bone, nightly at 7:10 & 9:30 p.m. (no 9:30 p.m. show on Friday), Saturday and Sunday matinees at 2:10 & 4:30 p.m.

CHELSEA THEATER

Timberlyne, 1129 Weaver Dairy Road, 968-3005
Please Give; Joan Rivers: A Piece of Work

THE LUMINA

Southern Village, 932-9000
The Twilight Saga: Eclipse; Knight and Day; Toy Story 3; The Sorcerer's Apprentice; Despicable Me

REGAL TIMBERLYNE 6

120 Banks Drive, 933-8600
The Twilight Saga: Eclipse; The Sorcerer's Apprentice; Despicable Me; Toy Story 3; Predators; The Last Airbender

THE VARSITY

123 East Franklin St., 967-8865
Date Night; Spice; Labyrinth



The CAROLINA THEATRE
Durham's Historic Movie Palace
Film Schedule Friday, July 16 - Thursday, July 22
Summer Repertory Film Series
George Stevens' Giant
Fri & Sun-Thru at 7pm (No Sat Screenings)
Sun Matinee at 2pm
Winter's Bone
Nightly at 7:10 & 9:30pm
Sat & Sun Matinees at 2:10 & 4:30pm
Coco Chanel and Igor Stravinsky
Nightly at 7:15 & 9:35pm
Sat & Sun Matinees at 2:15 & 4:35pm
309 West Morgan St. Downtown Durham
www.carolinatheatre.org | 919.560.3030

CAT'S CRADLE

TH 7/22 JOHN HIATT & THE COMBO

TH 7/30 COSMIC CHARLIE

TH 8/19 MINIATURE TIGERS LOCAL 506

WE 8/26 TARRUS RILEY

FR 7/16 EDWARD SHARPE & THE MAGNETIC ZEROS W/WE ARE EACH OTHER FEATURING AARON EMBRY

SA 7/17 CD RELEASE PARTY THE LOVE LANGUAGE W/THE LIGHT PINES(\$8/\$10)**

WE 7/21 THE BUTCHIES W/TAMI HART AND PINK FLAG HOSTED BY CUNTRY KINGS(\$7/\$8)**

TH 7/22 JOHN HIATT AND THE COMBO(\$35)**

FR 7/23 NO ALCOHOL SERVED L IN JAPANESE DANCE PARTY

SA 7/24 GIRLS ROCK SHOWCASE

TH 7/29(\$20) MAT KEARNEY SPECIAL ACOUSTIC SHOW W/JANE CARREY**

FR 7/30 COSMIC CHARLIE(\$10)**

SA 7/31(\$10/\$12) MONTE MONTGOMERY**

MO 8/2 BORIS(\$15) W/RUSSIAN CIRCLES**

SA 8/7 HERE WE GO MAGIC W/BEACH FOSSILS(\$10)**

MO 8/9 CYNIC(\$13/\$15) W/INTRONAUT AND DYSRHYTHMIA**

WE 8/11 DAX RIGGS(\$12)**

TH 8/12 BRAVE COMBO W/KILLER FILLER(\$12/\$15)**

FR 8/13 MISSION OF BURMA(\$16/\$18)**

SU 8/15 MEMORYHOUSE W/TWIN SISTER(\$10)**

WE 8/18 CHIDDY BANG W/XV AND K.O. KID(\$12/\$15)**

TH 8/19 LOU BARLOW & THE MISSING MEN W/WYE OAK(\$12)**

TU 8/24 THE ENGLISH BEAT / BAD MANNERS / CHRIS MURRAY(\$18/\$20)**

WE 8/25 TARRUS RILEY / GRAMPS MORGAN / DUANE STEPHENSON / DEAN FRASER & BLAK SOIL BAND(\$17/\$20)**

FR 8/27 PAUL THORN(\$15)**

FR 9/3 AUTOLUX W/GOLD PANDA(\$10/\$12)**

WE 9/8(\$18/\$21) ON SALE 7/16 CHARLATANS UK**

TH 9/9 CORINNE BAILEY RAE(\$25/\$28)**

FR 9/10 MATT HIRES(\$10) ON SALE 7/16**

SA 9/11 WHO'S BAD? (MICHAEL JACKSON TRIBUTE)(\$15)**

SA 9/18 BILLY BRAGG W/DARREN HANLON(\$25)**

TH 9/23 JENNY & JOHNNY(\$16)**

SA 9/25 SIGNAL 2010 LE CASTLE VANIA, TITTSWORTH, NICK CATCH-DUBS(\$14/\$16)**

MO 9/27 DAVID BAZAN W/MYNABIRDS(\$12/\$14)**

WE 9/29(\$12/\$14) ELECTRIC SIX W/CONSTELLATIONS**

FR 10/1 STARS(\$18/\$20)**

SA 10/2 ROGUE WAVE AND MIDLAKE(\$16/\$18) ON SALE 7/16**

SU 10/3 MAE(\$13/\$15) ON SALE 7/22**

TH 10/7 MENOMENA W/SUCKERS(\$12/\$15)**

SU 10/10(\$20/\$23) BUILT TO SPILL W/REVOLT REVOLT**

MO 10/11 THE VASELINES(\$15) ON SALE 7/16**

TU 10/12(\$15/\$18) STEPHEN KELLOGG AND THE SIXERS W/SMALL PONDS AND ROY JAY**

WE 10/20 MATT & KIM(\$16/\$20)**

SA 10/23 RAILROAD EARTH(\$20/\$23)**

TH 10/28 ME FIRST AND THE GIMME GIMMES W/TEENAGE BOTTLEROCKET, COBRA SKULLS**

TH 11/4 RA RA RIOT(\$15/\$17)**

TH 11/11 MATT COSTA

ALSO PRESENTING

LOCAL 506 (CHAPEL HILL)

TH 8/19 MINIATURE TIGERS, AMINAL, JORDAN & THE SPHINX

WE 9/8 COLOUR REVOLT W/TURBO FRUITS

TU 9/14 THOSE DARLINS W/STRANGE BOYS AND GENTLEMAN JESSE

NIGHTLIGHT (CH)

TH 9/16 SEA WOLF W/SERA CAHOONE AND PATRICK PARK

OPEN EYE CAFE (CARRBORO)

TH 8/5 FREDY JOHNSTON

FLETCHER OPERA HOUSE (PROG ENERGY CENTER, RALEIGH)

FR 8/20 CHATHAM COUNTY LINE W/JILL ANDREWS VIA TICKETMASTER

THE ARTSCENTER (CARRBORO)

TH 9/30 DAVID WILCOX

TH 11/18 AZURE RAY ON SALE 7/16

MEMORIAL AUDITORIUM (PROG ENERGY CENTER, RALEIGH)

MO 10/4 THE NATIONAL W/OWEN PALLETT VIA TICKETMASTER

NO REGULAR MULCH AT THE ORANGE COUNTY LANDFILL
July 6 - September 1
We are temporarily out of stock!
Due to needed maintenance on the yard waste grinder, and increased demand for mulch we have run out of this popular product.
It will be back this fall!

RED MULCH and COMPOST
are available for sale
\$28/ cubic yard scoop.

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recycling@co.orange.nc.us

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Briefs

Repairs may cause congestion

The stretch of South Columbia Street between Franklin Street and Cameron Avenue is undergoing a repaving and reparation process, which is expected to continue until Aug. 13.

Lanes going in each direction will be closed. No major traffic alterations will result, although congestion may be more frequent and heavier than usual. In addition, the bus stop near the Health Sciences building has been closed. Pedestrian crossings will be moved as necessary; drivers are advised to keep an eye out for pedestrians and drive slowly.

Questions about the project should be directed to Jeremy Warren of the NCDOT's resident engineer's office at (336) 570-6830.

Rescue squad to help county EMS

The South Orange Rescue Squad and Orange County Emergency Services launched a cooperative effort this week to improve EMS response times in Orange County.

The move follows a report earlier this year that Orange County EMS response times lag behind national standards and those of neighboring counties.

According to a release from the South Orange Rescue Squad, the all-volunteer EMS and specialized rescue organization will incorporate one of its ambulances and two EMTs into the county response fleet at least three nights per week. The squad hopes to be able to provide the resources seven nights per week in spring 2011.

Town to discuss development model

The Town of Chapel Hill will hold a public meeting on July 22 about an initiative to study the business and transportation conditions of the area surrounding the intersection of Ephesus Church Road and Fordham Boulevard.

The town seeks to reconnect the area to its surrounding neighborhoods and the rest of the town and to revitalize business interest, particularly in Ram's Plaza. The initiative also will address transportation concerns, both with regards to the traffic conditions of the intersection and accessibility of basic services to the residents of surrounding neighborhoods.

The public meeting about the initiative is scheduled for 6 p.m. at the Chapel Hill Public Library.

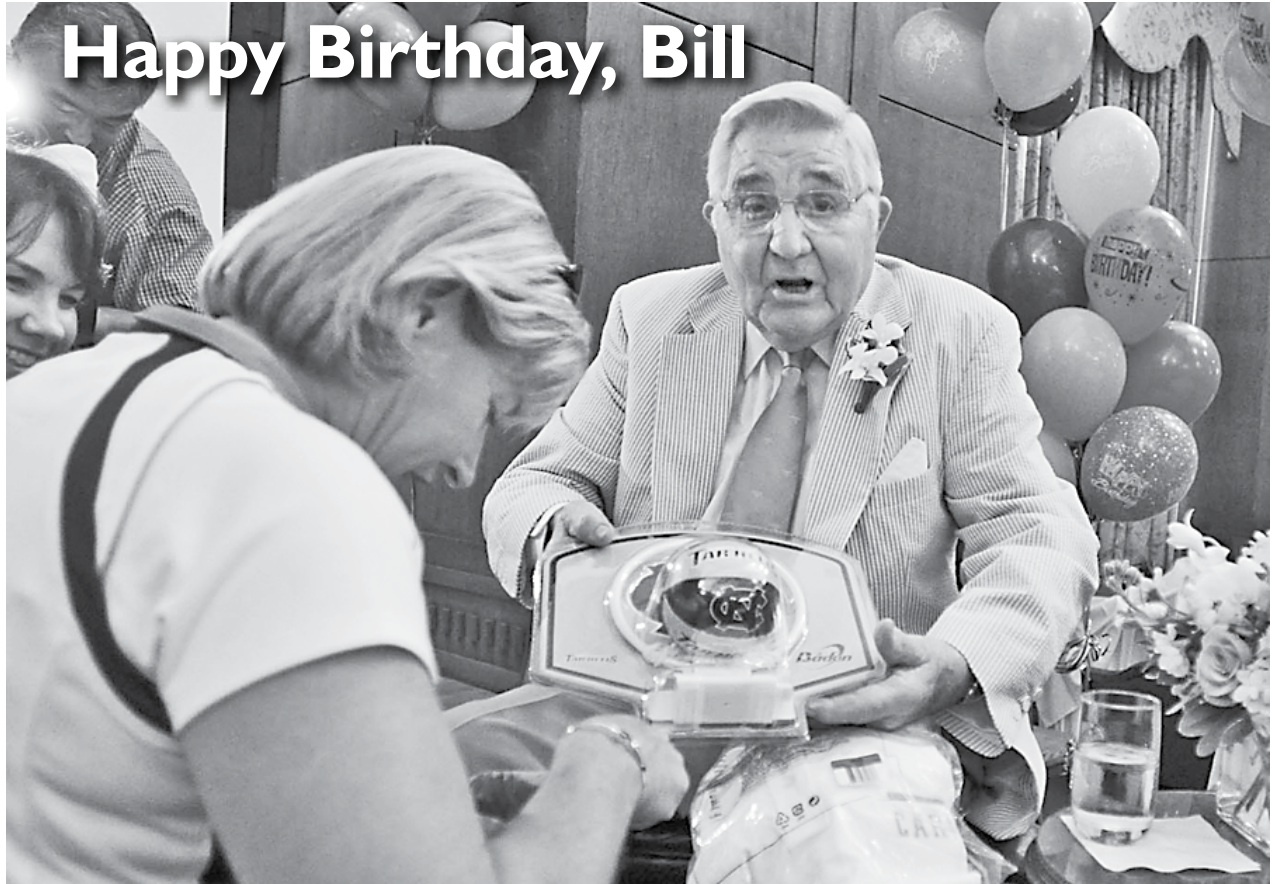
Rosemary St. sidewalks to be improved

Sidewalk construction along Rosemary Street between Columbia and Church streets began on Monday. While traffic flow will be maintained in both directions, congestion may occur. Questions may be posed to Harold Harris of the Town of Chapel Hill Public Works at 969-5194 or Bruce Hollis of White Oak Construction at 868-8020.

Fire reported near Meadowmont

The Chapel Hill Fire Department responded to a fire last week at 1811 Village Crossing Drive caused by a stove within the apartment. No serious injuries were reported, although one occupant of the structure was evacuated to UNC Hospitals to be treated for smoke inhalation. The damage, which was mitigated by the building's overhead sprinkler system, was confined to the apartment of origin, and estimated at \$10,000.

Happy Birthday, Bill



UNC System President Emeritus William Friday greets UNC Women's Basketball coach Sylvia Hatchell at his 90th birthday party on Tuesday. Hundreds of UNC community members showed up to the event at the Carolina Club on the UNC campus to wish Friday a happy birthday. Guests enjoyed slices of cake and ice cream from Maple View Farm, a Friday favorite. PHOTO BY JOCK LAUTERER

ArtsCenter campaign falls short of goal

BY SUSAN DICKSON
Staff Writer

CARRBORO — The ArtsCenter closed out a three-month fundraising campaign on July 1 at \$160,000, less than half of its \$350,000 goal.

The fundraising campaign, Keep Arts Centered, kicked off in April. The drive was intended to raise funds for a long list of needs, including a new sound system for the theater, repairs to the building's sprinkler system and a new dance floor in the center's dance studio.

"With the amount that we raised, we'll be able to address some of the more immediate needs within the next few months," ArtsCenter director Ed Camp said, adding that they'd included money for scholarships and debt reduction in the fundraising goal.

About 80 percent of The ArtsCenter's \$1.6 million bud-

get is funded through program and class fees; the remaining 20 percent comes from grants, local government and donations.

According to Camp, the funds raised will enable the replacement of the sound system, HVAC repairs and improvements to the fire-suppression system.

"Those were all pretty vital, and we raised the money for that," he said.

Although the campaign didn't reach its goal, Camp said ArtsCenter programming won't suffer.

"We're not going to cancel any programs because we didn't raise the money — we're just not going to be able to make improvements to our programs," he said.

The campaign was the first of its kind for The ArtsCenter, and Camp thinks it will become an annual event.

In the future, he hopes to start the campaign a little earlier in the year. Camp also wants to make

sure people know The ArtsCenter plans to remain in Carrboro for the long haul. Because of the planned 300 East Main development, he said, some potential donors thought The ArtsCenter building would be torn down, and thus wondered why it would need improvements.

ArtsCenter staff and board

members are working on a three-to five-year strategic plan to help clarify The ArtsCenter's long-term plans.

Overall, Camp said he was encouraged by the campaign, especially "seeing how many people really have a great love for this place and how connected they feel to it."

THE CARRBORO CITIZEN

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HOW TO REACH US The Carrboro Citizen 942-2100
P.O. Box 248 942-2195 (FAX)
309 Weaver St., Suite 300 Carrboro, NC 27510

Durham Tech receives \$250,000 from Duke Energy

BY BECKY BUSH
Staff Writer

HILLSBOROUGH — Durham Technical Community College announced July 10 that it will receive a \$250,000 Duke Energy grant to fund the college's new Sustainability Technologies program at its campus in Hillsborough. The new program will offer training in the installation, repair and

upgrade of sustainable technology systems.

The program will include an associate of applied science degree and will prepare students for employment in environmental, construction, alternative-energy and other industries that focus on waste reduction and sustainable technologies.

In addition to the degree and work experience, the program also will provide the opportu-

nity to earn a Solar Photovoltaic Installation certificate, which will include both energy-use instruction and solar photovoltaic system installation instruction.

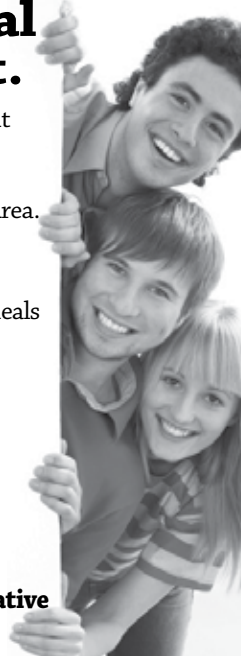
Durham Tech announced the new grant during a community event on campus. The campus community and local officials were able to learn about and view a variety of aspects of the new program. Members of the Orange Coun-

ty Board of Commissioners, including chair Valerie Foushee, attended the event, as did members of the Orange County Economic Development Office and the Orange County Chamber of Commerce.

Duke Energy's North Carolina Community and Technical College Grant has provided \$10 million to community college programs.

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- All types of families are welcome to host students including singles and couples without children.



Please contact your local area representative
Jennifer at 919-442-8025
or Jennifer-ise@hotmail.com

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The program includes individual and group classes to help you learn more about:

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- Fitness and Nutrition
- Controlling Blood Sugar (A1C Levels)
- Managing Medications
- Diabetes-Related Health Problems

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Your bike doesn't give you exercise

Problem linked to weight gain and obesity

BY ELISE GIDDINGS and STAFF

CHAPEL HILL - Recently scientists found that 68% of American adults are overweight. The problem is at epidemic proportions. Weight gain is insidious, and has been linked to health problems like heart disease, diabetes, and cancer. It also causes low self esteem and low energy.

Triangle area resident Sue discovered the solution by accident. Loosing over 77 pounds in under a year. "Most people don't get any exercise from biking, because their bike sits unused in the garage."

Her solution is a new kind of bike that is clean, low impact, and is so fun that it gets her over the activation barrier of taking the bike for a ride, nearly every day.

"I enjoy it tremendously," says the woman. "I fly up the hills easily, I don't get sweaty, and I have fun getting my exercise. It has helped me shed pounds quickly, and to get a thumbs up from my doctor."

Human-hybrid electric bikes can be plugged in to the wall to charge up for under five cents per day. They carry a rider effortlessly more than 30 miles on a charge, and the rider arrives grinning ear to ear. Carrboro bike store Cycle 9, located at 601 W Main St, is presently offering \$100 off any Ecobike electric bike and a free helmet as part of the "Get your bike out of the garage" sale. They can be contacted for more information at 919-636-5909 or on the web at www.cycle9.com.

PLAYMAKERS REPERTORY COMPANY AND THE ARTS CENTER
PRESENT

DROOD

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JULY 22nd ~ 25th
THU-SAT 7:30PM *SUN 2:00PM

PLAYMAKERS REPERTORY COMPANY 919.962.PLAY (7529) 2010 SUMMER YOUTH CONSERVATORY The ArtsCenter artscenterlive.org

Cliff's Meat Market

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LINK AND PATTIES Country Chicken Sausage \$2.69/pack	FRESH MADE DAILY Country Sausage \$1.99/lb	Cut to Order Rib Eye Angus Steak \$7.99/lb
CERTIFIED ORGANIC Chicken \$2.39/lb	Special Order Whole Pigs for Barbequing	Cut to Order Whole Fresh Chickens \$1.29/lb
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Debit & EBT

Briefs

Football team to hold fundraiser

The Carrboro High School football team will hold a fundraiser on Saturday from 8 a.m. to 3 p.m. at Carrboro High School. The team will hold a car wash, silent auction and community yard sale to raise money to purchase new uniforms.

To see what will be available at the silent auction, visit jagvillage.weebly.com

Park improvements

The Town of Chapel Hill will hold a public information meeting today (Thursday) at 6 p.m. at the Oakwood Park to discuss improvements to the park's play area. The town hopes to receive input on the preliminary plans.

In the event of rain, the meeting will be rescheduled to 6:30 p.m. at the Chapel Hill Community Center. The Oakwood Park is located at the intersection of Oakwood Drive and Berkley Road.

Rabies vaccination clinic

Orange County's Animal Services Department will hold a rabies vaccination clinic on Tuesday from 1 to 4 p.m. at the Animal Services Center. The vaccination fee is \$10. Dogs must be on leashes

and cats must be in carriers.

The Animal Services Center is located at 1601 Eubanks Road in Chapel Hill.

Last Fridays presents Almost Andy

The Orange County Historical Museum will present performances of *Almost Andy*, featuring Hillsborough's Art Fetting, at the Last Fridays Event on July 30.

The shows start at 6:30 p.m. and 7:30 p.m. The 30-minute skit highlights North Carolina native Andy Griffith.

The free performance will be held at the Orange County Historical Museum, 201 N. Churton St., Hillsborough.

Arts Council holds parade workshops

The Hillsborough Arts Council will hold parade float design, costume and giant puppet-making workshops on July 24 and 31 for the Third Annual Handmade Parade.

The workshops will be held both days from 1:30 to 4:30 p.m. at the Orange County Recreation Center, 300 West Tryon St. in Hillsborough and are free for teachers and parade participants.

HOUSE Calls

Practicing family physicians from the UNC Department of Family Medicine have teamed up with *The Carrboro Citizen* to bring you a weekly feature responding to your questions about health and medicine. Send your questions or comments to yourhealth@unc.edu



This week we respond to questions about muscle cramps and anxiety.

Dear HOUSE Calls, I've been having muscle cramps all over my body for several months. They started in my feet and now are in my legs, arms and even my sides. I'm 58 and pretty healthy. I take medicine for high blood pressure and a vitamin D supplement. I haven't been doing any new exercises. Any ideas why?

That is a good question, and many possibilities exist. We know it is probably painful for you. While leg cramps at night are more common as people age, we want to know more about all your medicines, both prescribed and supplements. Some common blood-pressure medications, such as diuretics, can cause cramps, as can medicines to reduce high cholesterol. Cramps are also common in people without these problems. Talk to your doctor about the many potential causes and to see about getting your blood chemistries checked if needed (potassium, sodium, calcium, magnesium,

creatinine kinase). An easy treatment that works for many is to do five minutes of stretching before bed and twice during the day. This can help prevent cramps.

Dear HOUSE Calls, I am a 27-year-old man and was recently diagnosed with anxiety. I've had chest pain for several months and my doctor said it was my nerves. I admit I am nervous about many things, especially my health and having a heart attack. I smoke occasionally, but in reality I am very healthy. How does anxiety cause chest pain and how often does it occur? What is the best treatment?

Thank you for writing us. It is not well understood exactly how anxiety causes such symptoms, but we know that it does. When you get anxious or scared, your body releases a variety of hormones (like adrenaline), which increase your heart rate and impact blood flow to the brain, muscle contractions over the body and intestinal movements. Anxiety really does cause chest pain, headaches, stomach aches and other

body symptoms. This is real pain. If you worry about a heart attack as a chief cause of your anxiety and yet you smoke, it is really time to quit. If you perceive that cigarettes help you calm down, you are self-medicating in an unhealthy way. A variety of healthy lifestyle approaches to anxiety exist, such as exercise, eating well and getting sufficient rest. To decrease stress, many people use self-relaxation strategies, such as meditation, deep breathing and visual imagery. Finally, therapy and medications (long-term ones such as setraline, citalopram and paroxetine, or short-term ones such as clonazepam or lorazepam) have been shown to be very effective at controlling anxiety. A comprehensive approach, working with your family doctor and therapist, is likely to be most successful.

House Calls is a weekly column by Dr. Adam Goldstein, Dr. Cristy Page and Dr. Adam Zolotor on behalf of Your Health and the UNC Department of Family Medicine.

WHODUNIT

FROM PAGE 1

"There's so much you can learn from watching actors for their first time," said Dewitt, who has been acting since she was 10 and takes advantage of the age difference to hone her own skills.

Sarah Hausmann, who plays the female lead Rosa, is 18 and will be attending North Carolina School of the Arts next year. "It wouldn't be as fun with all 18-year-olds," she said. "Also, with student actors you get more passion because the work is not just for pay. SYC actors bring more to the table."

Auditions for the conservatory are completed before school ends in the spring. Quaintance looks for "brave actors who invite being seen and who are willing to sometimes fail at first." According to the director, "differences in ability and experience mean that everyone brings different tools to rehearsal."



Tom Quaintance directs the Summer Youth Conservatory
PHOTO BY LUCY BUTCHER

"Morning classes are very uniquely structured," said Hausmann. "Everything connects; you can use all lessons in the musical. I'm definitely going to use my knowledge [that I learned in SYC] in college."

While the actors get instruction on voice, speech, movement and acting skills, students interested in technical theater can be a part of TheatreTech. This program provides stage management, in charge of all technical aspects of *Drood*, including costumes, set, props and lighting. Rehearsal takes place from 1 to

5 p.m. Monday through Friday. Song, dance and acting come together to make for an intensive afternoon of theater for the students.

"It takes more stamina to show emotion through song and dance; it's a lot to think about when you're on stage," said Dewitt.

The Summer Youth Conservatory is a unique program with tons of potential. The cast performed a showcase performance on Wednesday to display new acting skills. *Drood* will run July 22 through 25, and audiences will decide "whodunit." For ticket information, go to playmakersrep.org

carrborocitizen.com/classifieds

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CitizenCryptoquote By Martin Brody

For example, YAPHICYAPLM is WORDSWORTH. One letter stands for another. In this sample, A is used for the two O's, Y for the two W's, etc.. Apostrophes, punctuation, the length and formation of the words are all hints.

"Whatever turns you on!"

Y V C X E G J H P V A
P J H J U I J N H S A A E
W N G M A J W . - G X J E J
L J M G J M N J E , J E
J M W A E X J E G V K Y V M J U
H Y Z G A E Y , I P V C V Z E G
Y P A I V M U G ' H V U G A H Y
U A J Y P A M H P V A .

Find the answer in the puzzle answer section.

Weekly SUDOKU
by Linda Thistle

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging
★★★ HOO BOY!

© 2010 King Features Synd., Inc.

PETS OF THE WEEK

PAWS4EVER — Rivendelle

Rivendelle is a 13-month-old black-and-brown shepherd/hound. She recently came back to us after living with another dog, and they did well together. There were also chickens and cats in the home. Rivendelle did wonderful with the older, confident cat but chased the younger kitties. The chickens were the reason Rivendelle had to come back, so she wouldn't succeed in a home that has them. She is housetrained and crate trained. She does excellent with other dogs. She loves going for walks and strolls through the woods. She is a young girl, so she does have quite a bit of energy, but she is gentle with people. She would be happy in a home where she could run and play in a fenced in yard or a home where she could go for long walks or jogs. Come on in and meet this sweet girl and all her buddies. Contact Paws4Ever, 6311 Nicks Road, Mebane or call 304-2300. You can also go online at paws4ever.org



ORANGE COUNTY ANIMAL SERVICES — Meet Big Man and Joey!

These handsome brothers are around 3 months old and are waiting to find new forever homes of their own. During their wait, they are keeping plenty busy wrestling, playing with toys and trying to get the attention of anyone who passes by their kennel. These goofball boys are sure to catch your eye and win your heart with their big puppy eyes and their silly, yet genuine personalities. Visit them today at Orange County Animal Services, 1601 Eubanks Road in Chapel Hill. You can also see them and other adoptable animals online at co.orange.nc.us/animalservices/adoption.asp.



Calendar

THURSDAY JULY 15
The Never Ending Story at Locally Grown — Wallace Parking Deck, 150 E Rosemary St. 6pm. Free
Art Exhibit at Panzanella — Oil paintings by Cat Molecki. Reception 5:30-7:30pm

FRIDAY JULY 16
Contra Dance at Carrboro Century Center — There will be a newcomers' workshop at 7:30, and dancing will begin at 8. Please carry a pair of clean, soft-soled, smooth-soled shoes to change into after arriving inside the hall. An \$8 donation is requested. Bring a partner or come without! All are welcome! For further information, please call 967-9948 or visit us at csda-dance.org

Computer Class — Internet Basics: Participants will learn what the internet is, explore search engines, learn how they work, and discover strategies for effective searching. 8:15-9:45 am at the Chapel Hill Public Library. Call 968-2780

SATURDAY JULY 17
Meet the Artists at The ArtsCenter — Part of the "10 By 10 2010." Mingle with the cast, directors, and production team at a post-show discussion and reception. Info: artscenterlive.org

Tomato Festival at Estes Farmers' Market — southeastfarmers-market.com. 8am-noon

Water Wise Conservation Program — Join Greg Feller of OWASA for a Water Wise Conservation presentation. Chapel Hill Public Library in the Library Meeting Room. 2pm. Free. Info: 968-2780

Carrboro Football Team Triple Threat Fundraiser — Proceeds from a car wash, silent auction and community yard sale will be used to purchase new uniforms. Go to jagvil.lage.weebly.com to view items available at the silent auction. Carrboro High School. 8am-3pm

Grand Blossoming Celebration for Vimala's Curryblossom Cafe — Opening of a socially conscious, locally-sourced, family-run restaurant. The Courtyard, 431 W Franklin St. Chapel Hill. 6pm-midnight.

SUNDAY JULY 18
"Personal Effects from the Border" at Chicle — Susan Harbage Page will talk about her photographic exploration of the possessions left behind by individuals trying to crossover into the Southland along the Texas border. 101 E Weaver St, Suite G-1, 5pm. chi-de.com

Birdman Dave Returns — The Carrboro Branch Library, 3pm. Registration required

MONDAY JULY 19
Book Discussion — The Adult Evening Book Group will be discussing Susan Vreeland's "The Girl in Hyacinth Blue." Chapel Hill Public Library. 7-9pm. Free

TUESDAY JULY 20
"Express Yourself" at Cornucopia — Second of a 4-part series to provide support for cancer patients. Several knowledgeable facilitators will lead discussions about the value of photojournaling, spirituality and writing. 6-8pm. Free, reservations required. Info: cancersupport4u.org

Movie Nite — "2012." Meeting Room of Chapel Hill Library. 6pm. Free

Hope Gardens Fundraiser — Hope Gardens, a community garden and urban farm, will be hosting a fundraiser from 4-8pm. Food will be served for \$7/adults, \$3/children. 2200 Homestead Road. 4-8pm

THURSDAY JULY 22
Moving Midway (film) at Locally Grown — Wallace Parking Deck, 150 E Rosemary St. 6pm. Free

FRIDAY JULY 23
Computer Class — Email Basics: Participants will learn how to sign up for a free email account, learn how to send and receive mail, send and receive attachments, manage folders, and avoid scams, spam and viruses. 8:15-9:45 am at the Chapel Hill Public Library. Call 968-2780

SATURDAY JULY 24
Handmade Parade Puppet Workshops — Free for those interested in learning to lead a group to make a giant puppet or group of puppets for the Hillsborough Handmade Parade Oct 16. Workshop is July 24 and 31, 1:30-4:30pm. Central Recreation Center in Hillsborough. hillsboroughartscouncil.org

Up and Down and All Around with Jody Cassell & Jude Caseday — Twirl, bounce and slowly dip as dancing storyteller, Jody Cassell and whimsical musician, Jude Caseday make stories come alive. Great family fun unfolds as the children join in creative movements, rhythms and sounds to become parts of moving tales. Stir your imagination and delight your giggles! The ArtsCenter. 11am

Dance - Participatory Ballroom — Fourth and fifth Thursdays, 7-9:30pm. Seymour Senior Center, 2551 Homestead Road, Chapel Hill. \$2, 968-2070.

Carrboro DanceJam — Free-style dance. First Fridays, 8pm, Balanced Movement Studio, 304 W. Weaver St., upstairs. 968-8776.

Ballroom Dance — Second Saturday of every month, recorded music Triangle Stardusters, 8-11pm, \$7 StarDusters members and students, \$12 others. Couples and singles are welcome. Fred Astaire Dance Studio, 4702 Garrett Road, Durham. 942-7232

Shag Dancing — Every Monday. Beginner class at 7pm, dance at 9pm. Free lesson first Monday of the month, 6pm. General Store Cafe.

Tango — Learn and practice Tango with the Triangle Tango Society. Open Eye Cafe. 8pm

Ongoing Cancer Support — Support groups for cancer patients and their families. comucopiahouse.org

Compassionate Friends — Free self-help support for all adults grieving the loss of a child or sibling. Third Mondays, 7-8:30pm, Evergreen United Methodist Church. 967-3221, chapelhillctf.org

Yoga for Everyone — UNC Comprehensive Cancer Support Program presents Yoga for Everyone. Each class will include a full yoga practice as well as exploration of physical movement, meditation, breathing techniques, and relaxation. All levels are welcome. Classes will be held on Mondays from 11am - 12:30pm. Carolina Pointe II, 6013 Farnington Road, Suite 101 in Chapel Hill. 966-3494

Saludamos Group Walks — Every Saturday. Front of El Futuro. 9am

Job Search Meeting — A networking and support group for job hunters. Wednesdays at Binkley Baptist Church. 9:30-11am

Breastfeeding Cafe — An informal drop-in gathering of breastfeeding moms will be held every Monday from 1-2pm at The Red Hen. A La Leche representative will provide information and answer questions.

Tutoring — Hillsborough Police Department and UNC Habitat for Humanity offer tutoring sessions for students in Orange County School's K-5 classes at the Community Policing Station, 501 Rainey Ave. Tutors are students from UNC. Call 732-2441, ext 26 to register

Wish Granting Volunteers Needed — Make-A-Wish Foundation of Eastern North Carolina needs Wish Granters to visit the family and help determine the wish of the child while explaining wish procedures and using their creative side to make the wish truly magical. Wish Granters see first-hand the impact a wish can make on a child with a life-threatening medical condition. For more information, contact Lisa at 821-7111 or lbrinkerhoff@eastncwish.org

Carrboro Branch Library — Storytime, Saturdays at 10:30am; Introductory Computer Classes for adults, Saturdays, 10am. Registration: 969-3006

Chapel Hill Public Library — Story Time, for ages 3-6; Junior Book Club, for readers grades 1-3; Time for Toddlers, for stories, songs and activities; Baby Time, for children between 6 and 18 months; Teen Book Club, for teens in grades 6 and up; Bookworms Club, for grades 3-6, each month children in this program read and discuss different novels from a list of titles nominated for the N.C. Children's Book Award. Dates and times vary

Depression and Bipolar Support Alliance Support Group — Meets on Tuesdays at Binkley Baptist Church. 7:30-9pm. Free. DBSA-ChapelHill@ncrr.com

Water Your Mind-Read — "Water Your Mind—READ" is this summer's theme at the Chapel Hill Public Library for adults ages 18 and older. The program runs through August 13. Ongoing registration. Sign up at the Information Desk. chapelhillpubliclibrary.org

American Dance Festival — 77th season will be presented at the Durham Performing Arts Center June 10-July 24. americandancefestival.org

The Lightning Players Seeks Performers — "Write, Prepare, Gather, Perform, Record, Edit, Share, Repeat!" A small, diverse, energetic, creative team of performers get together to shoot short-form movies. Professional performers, wannabes and people with other day jobs welcome. meetup.com/lightning-Players/

Volunteers Needed for Adapted Aquatics — Volunteers are needed this summer to work with swimmers with disabilities in Chapel Hill Parks & Recreation Adapted Aquatics. Classes will be held from 6:30 to 7:15 p.m. on Wednesdays from June 30 to Aug. 4 at A.D. Clark Pool at the Hargraves Center, 214 N. Roberson St. Volunteers must be 16 or older. To volunteer, email mkaslovsky@townof-chapelhill.org or call 968-2813

Artists/Vendors Needed for Festfall Arts and Crafts Street Fair — C.H. Parks and Recreation



PHOTO BY LYNDSEY BOOTH

Department is accepting applications for the 38th Annual Festfall to be held Oct 3. Artists are invited to apply to showcase their artwork before more than 10,000 attendees and participate in the juried art show. The fee is \$100 for residents of Chapel Hill or Orange County residents or \$120 for non-residents. Applications: townofchapel-hill.org/festfall

Nature Explorer Summer Camps — At NC Botanical Gardens. Ages 6-8, July 26-30. 8:30am-4:30pm. Ages 4-5, August 9-13, 9am-12pm. Info and registration: ncbg.unc.edu

Gardening Questions? — Ask Orange Co. Master Gardeners at Home Garden Clinic, Wed & Fri, 12-2pm, NC Botanical Garden, walk-in or call 262-0522. Hillsborough clinic weekdays, 10am-noon, call 245-2061

Free Yoga Classes — Support for Cancer Patients, Survivors and Caregivers. Mondays 11am-12:30pm; Thursdays 10:30am-12noon. CCSP at Carolina Pointe II, 6013 Farnington Road, Suite 101. Free parking available

2010 Jaguar Baseball Camp — Carrboro High School Baseball will hold its third annual baseball camp for youths aged 10-12 on July 26-30 at Carrboro High School. The camp will run from 9 a.m.-12:30 p.m. Monday-Friday. The camp is limited to the first 40 registrants in order to provide as much individual attention as possible. Info: natunc@aol.com

Call for Parent Workshop

Proposals — The Family Advocacy Network (FAN), a program of the Mental Health Association in Orange County (MHAOC), is currently seeking professionals who work with families of special needs children to facilitate two-hour educational clinics for its 2010-11 calendar. Deadline to submit proposals in July 31. Info: julie@mhaorangeo.org or phone Julie Bailey at 942-8083, Ext 2

The Ten 10 By 10 Productions of 2010 — 10 Plays, 10 Minutes, 10 Actors, 10 Bucks, July 8-25. Thursdays-Saturdays at 8pm, Sundays at 3pm. The ArtsCenter:artscenterlive.org

Call for Arts and Crafts Vendors — The Hillsborough Arts Council sponsored event Last Fridays is seeking arts and crafts vendors for the July 30 event. For more information and to apply for this event: hillsboroughartscouncil.org/LastFridaysVendors.html

Hand In Hand Exhibit at the Carrboro Branch Library — "Hand in Hand" is a multi-media exhibition featuring the work of 8 local artists who are lending their support to three local social action groups: the (UNC) Student Health Action Coalition (SHAC), also known as the Carrboro Free Clinic; TABLE, the children's weekend backpack feeding program; and the Orange County Literacy Council. These three organizations, together with the Carrboro Branch Library, impact the lives of thousands of local residents daily as they struggle

to serve the public on extremely tight budgets and with limited staffing. Through Nov 30. Info: 969-3006

North Carolina Crafts Gallery Monthly Shows — "Faces and Forms," stoneware pottery and face jugs by Sandy Cole and Kevin Brown of North Cole Pottery, Front Gallery. "Beaches," a group show with 16 different artists' rendition of the beach. Back Gallery July 1-31

Caffe Driade Gallery — Paintings by Joan Vandermeer July 1-31

Open Eye Gallery — Photography by Matt Bachman. July 1-31

Art Exhibit at Botanical Garden — Selected works by the 2009 and 2010 graduates of the North Carolina Botanical Garden Illustration Certificate Program. DeBerry Family Botanical Art and Illustration Gallery. July 1-August 29

"A Southern Summer 2010" — The Pastel Society of North Carolina is presenting an all member show at the ArtsCenter. Through July 30

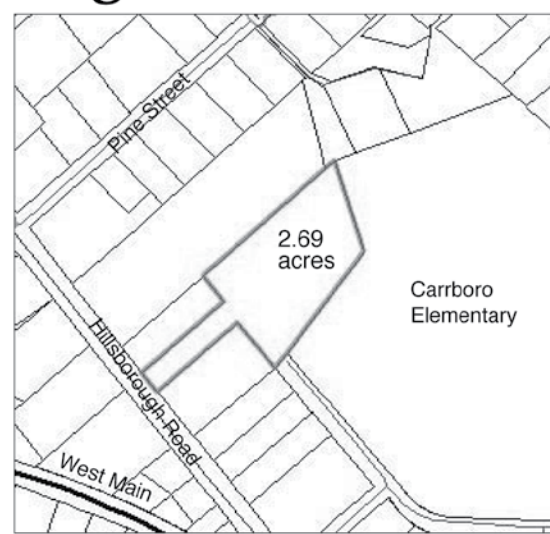
Miniatures Exhibition — The Hillsborough Arts Council presents a Miniature Art Exhibition in all media, 149 pieces by 40 artists. Show runs through July 23. hillsboroughartscouncil.org

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What's at Market?

Check out what's at the Carrboro Year-Round Farmers' Market . . .

New Item this Week: FIGS, watermelons, zinnias, celosia, sunflowers, and more! In the produce department: **tomatoes**, melons, peaches, corn, blackberries, raspberries, blueberries, potatoes, beets, beans, leeks, onions, swiss chard, onions, garlic, potted herbs and veggie starters, red cabbage, radishes, eggs, parsley, sun-dried tomatoes, cornmeal, green onions, mustard greens, dill, cilantro, turnips, beets, carrots, lettuce, turnip greens, arugula, onions, wheat flour, garlic, salad mixes (spicy and non), fresh herbs, pecans, meats like goat, beef, pork, lamb, chicken, buffalo, and various specialty meats like liverwurst, bologna, hotdogs, etc, cow's and goat's milk cheeses, breads, doughnuts, tortes, pies, cakes, jams, and relishes



Savory Cucumber Yogurt Salad

Recipe Provided by Market customer, Ben Horner

Ingredients

- ½ medium sized cucumber chopped
- 1 tablespoon pesto
- ½ cup of whole yogurt
- Handful of sungold tomatoes sliced in half
- Salt to taste

Procedure:

In a bowl, mix the tablespoon of pesto with the chilled yogurt until blended. Stir in sungolds and cucumber. Salt to taste. This is can be a great quick summer snack or can be served otop a grain, like quinoa, as a meal option.

THE CARRBORO CITIZEN

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FROM THE EDITOR

The money drought

Over the past few years, most of us have had to adapt to the effects of the downturn in the economy. For some, the recession has had devastating effects, and even those who have muddled through or perhaps thrived have family and friends who have not done so well, providing reminders of the severity of the crisis.

This is truly the first real recession the Triangle has felt. There have been dips before, but they just slowed down what has been a decades-long rise. We're in somewhat uncharted territories, and that has led to uncomfortable, unfamiliar and rather unappealing choices.

We are, however, quite familiar with the effect of droughts, having experienced a handful in the past decade alone. Not to get all Chauncey Gardener about it, but it would be wise to heed the lessons learned during the last few dry spells.

One big lesson is that behaviors adopted during times of conservation become habits. And for some, a reaction to the economic downturn has been to give less. Among the flows that have turned to trickles is the ordinarily generous stream of philanthropy for which our community is renowned.

The closing last week of the Chapel Hill Museum and the departure last winter of El Centro in Carrboro are very public examples of what is taking place all over, and have unfortunately contributed to an atmosphere of unease among prospective donors.

Local governments are in no position to be generous during a recession. Their recent budgets have included few increases and a number of declines for agencies and nonprofits. In an area heavily populated with nonprofits, the reduction in both public and private funding has shaken some of our finest institutions, our tall oaks, down to their very roots.

There are some indications we may be on a slow, steady climb out of this drought. Unfortunately, its effects will linger.

We were disappointed to learn that The ArtsCenter's recent campaign fell far short of its \$350,000 goal. While the amount raised — \$160,000 — was impressive, it's a sign that many folks remain conservative about giving.

Thankfully, the campaign was successful enough that The ArtsCenter will be able to repair and upfit its building and improve its sound system — core needs given that the center has opted to remain in its current building as the 300 East Main project rises around it.

Getting its building in better shape and its main theater better able to accommodate larger acts and crowds is essential to the long-term health of The ArtsCenter. Godspeed on that.

There were many more things the center wanted to fund through its campaign, particularly scholarships for education and enrichment programs for young people.

Our friends at The ArtsCenter are taking this year's effort in stride and planning a similar effort based on their experience for next year. In the meantime, they'll look for other ways to pay for scholarships and other programs.

Although the fundraiser is over, we're sure anyone wishing to step up and sponsor a kid or help cover some other cost would be as welcome at The ArtsCenter as rain in July.

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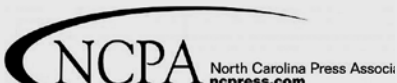
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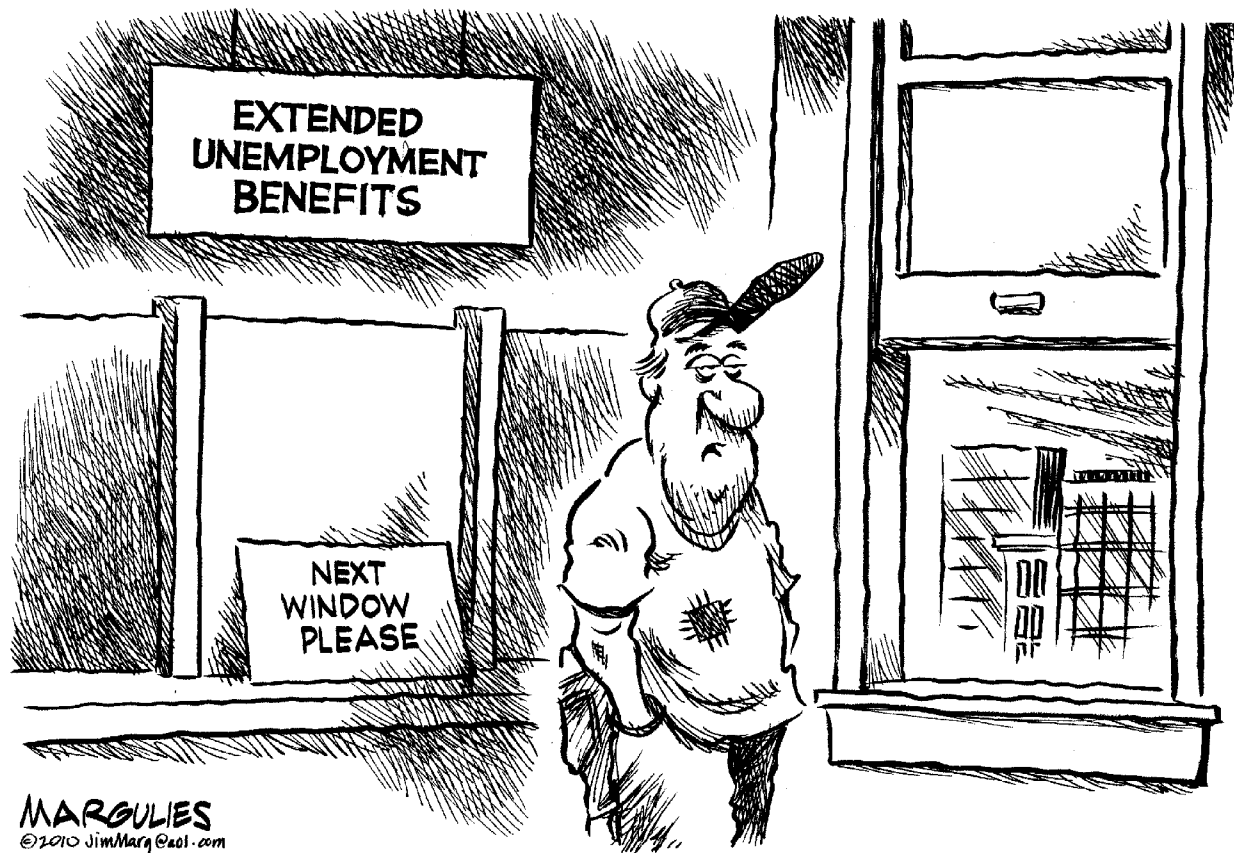
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Spinning toward November

CHRIS FITZSIMON

The 2010 General Assembly session ended at 5:32 Saturday morning and at 5:33 the politicians and pundits began furiously trying to put their spin on it, and the efforts are not likely to let up until the November election.

The session ended as it always ends, with a flurry of activity, late-night and early-morning sessions, committee meetings around desks on the House and Senate floor and bills flying back and forth at a dizzying pace that's almost impossible to follow even for veteran lobbyists and legislative observers.

When the dust cleared, several pieces of controversial legislation had passed in the session's waning days, including DNA testing for people charged with violent crimes, an incentive package for businesses and ethics reforms that make significant improvements over the current law, though they fall short of what much of the reform community supported.

A few days before adjournment, lawmakers voted to ban video sweepstakes casinos, the latest version of video poker that the General Assembly banned several years ago.

The bills passed in the final few days make up the bulk of what Democrats will try to sell as accomplishments to voters in the next four months.

Whatever you think of the items on the list, there's a little for almost everybody: good government reforms, job creation, getting tough on crime and keeping a shady industry from ex-

ploting the poor.

The Republican non-budget message won't focus much on those issues. Instead, they are likely to talk about what was not passed, issues that appeal to their base: lifting the cap on charter schools, a gay marriage amendment and reform of the state's annexation laws.

While those non-budget issues may well all play a role in determining who will control the General Assembly in 2011, it will be a small one. November's election is likely to be decided by how people perceive the state's overall economy is doing, something lawmakers don't have much to do with, other than the investments made in the budget they approve.

And it's the budget that's likely to dominate the legislative campaigns. Republicans trying to ride the wave of economic anxiety will claim that the Democrats should not have passed a tax increase last year and that the budget spends too much, especially in a recession, when families across the state are cutting back.

Republican candidates and the think tanks working feverishly to elect them will argue that this year's budget was balanced with temporary taxes and disappearing federal money and did nothing to prepare for next year's budget shortfall that could surpass \$3 billion.

In other words, Democrats should have made even deeper cuts in last year's budget to avoid a tax hike and made more reductions this year to

soften the blow of next year's crisis. Republicans were careful not to make major suggestions about where to find more cuts. That might alienate potential voters, and avoiding that is the priority of both parties this year.

Democrats trying to hold on to power will claim that despite the cuts they made, they largely protected education and the state's safety net, even in the worst economic downturn in a generation.

News from the N.C. Budget and Tax Center that per capita spending in this year's budget will be the lowest in 14 years provides an effective answer to the claims of runaway spending. And as for relying on federal money and new taxes in a recession, the vast majority of states followed the same path, including several with Republican governors and legislatures. The budget hole was simply too large to fill with cuts alone.

The Democrats caution and political compromise came more on non-budget issues, like their unwillingness to confront the homebuilders and other special interests and expand voter-owned elections in local governments that asked for them, and the refusal to put an end to legal money laundering by limiting how much political parties can contribute to individual campaigns.

The money chase will continue and the spinning rolls on.

Chris Fitzsimon is executive director of N.C. Policy Watch.

Open letter on the Ag-Mart settlement

MELINDA WIGGINS

To: Dr. Ricky Langley, Chairman, and the members of the N.C. Pesticide Board:

On behalf of the Farmworker Advocacy Network and 12 other allied health and advocacy organizations, I write to express our dismay at the recent settlement the board approved with Ag-Mart Produce and Jeffrey Oxley.

First, we are glad that this long and painful chapter of our state's history has come to a close. In 2005, the state found hundreds of pesticide safety violations in what would become the Department of Agriculture's largest enforcement case ever. Three families alleged that their children's birth defects were related to pesticide exposure that pregnant workers experienced while working for Ag-Mart on tomato farms in Florida and North Carolina.

An investigation by the N.C. Division of Public Health could not prove whether the pesticide exposures to pregnant workers caused the birth defects, but found that they were almost certainly a contributing factor. One of the children died, and another, Carlitos, became a symbol of this case through stirring photography and reporting in the Raleigh *News & Observer* and the *Palm Beach Post*. People across the country were riveted by this case and by the children affected.

For more than five years, the Pesticide Section staff worked diligently with the resources they had available to collect good evidence and make a case for Ag-Mart's ac-

countability in this matter. We understand that settling this case brought an end to significant public expense and extra workloads for the Pesticide Section staff.

However, in the final settlement, the Pesticide Board chose to back away from its own findings. In agreeing to make a public statement absolving Ag-Mart and Mr. Oxley from any negligence or responsibility in the matter, the board sent a much louder statement that the state ultimately will not hold violators responsible when a preventable pesticide incident has the potential to cause irreparable harm to

In agreeing to make a public statement absolving Ag-Mart and Mr. Oxley from any negligence or responsibility in the matter, the board sent a much louder statement that the state ultimately will not hold violators responsible when a preventable pesticide incident has the potential to cause irreparable harm to farmworkers and their families.

farmworkers and their families. How much worse would a case have to be in order to make the charges stick?

The Pesticide Board has now completed five years of hearings on this heartbreaking case. In all of those years, the board has only once touched on the underlying problems that gave rise to this case — when it was ordered to do so by the N.C. General Assembly. Even then, board members chose to do so in the narrowest possible way.

As observers of your work throughout these five years, we have been astounded that members did not seriously discuss what the board could do to prevent such pesticide violations from ever happening in our state again. The N.C. Pesticide Board has the authority and the power to make significant changes in the working conditions of farmworkers, who face some of the most difficult and dangerous conditions of any workers in North Carolina, yet have chosen instead to absolve the worst violator in our state's history.

When you reflect on this case, on the extraordinary hazards faced by the families involved and on the potential for harm, we do not believe that you have put into place the appropriate policies or procedures that will ensure that this will never happen again. We believe that farmworkers and their families still face unacceptable risks of grievous harm on farms in North Carolina. Over the last five years, the Farmworker Advocacy Network has submitted many recommendations for changes that we believe could improve safety significantly, and we stand ready to assist the board further.

We urge the Pesticide Board to ensure that its members never have to hear another case like the Ag-Mart case again. Now that this case has been closed, we urge you to take up this critical question at the next meeting of the Pesticide Board.

Melinda Wiggins is the executive director of Student Action with Farmworkers.

LETTERS

Shelters too concentrated

Mrs. Coulter-James' recent editorial ("More than shelter," 6/16/10) failed to properly describe IFC's project and also made invalid comparisons. The IFC-proposed shelter near Homestead Park is beside two large preschools, and McCreech Place in Charlotte is not. IFC's single men's facility will take drunk and high men on 200 nights per year and discharge them at 7 a.m. each morning, and McCreech Place does not. Charlotte's facilities appear to be able to serve all homeless clients, including sex offenders, and IFC's facility cannot serve sex offenders, who comprise 20 percent of the homeless population in some cities, due to school proximity.

IFC's facility over-concentrates ALL overnight at-risk facilities in Orange County in one-fifth of a square mile around Homestead Park. Charlotte spreads its similar facilities out in accordance with its ordinance, which plainly states, "The public has an interest in assuring that a concentration of homeless shelters be minimized."

Mrs. Coulter-James also failed to point out that both Charlotte and Chapel Hill are implementing "business improvement districts" like many other communities documented by the Department of Justice, where the very first step is to move homeless shelters out of downtown and away from where the jobs, shopping and eating are.

Let's make honest comparisons and let facts guide our decision on IFC's special-use permit.

MARK PETERS
Chapel Hill

Shameful behavior

I am chagrined that Senate Bill 460 has once again failed to pass. The bill is simple in nature, intended to have the regulations that already exist for pet shops and animal shelters be extended to puppy mills operated by commercial breeders. It calls for provision of daily exercise, veterinary care, appropriate housing and record-keeping. As Sen. Don Davis, who sponsored the bill in the Senate, explained, "It is meant to take precautionary measures to make sure dogs are not kept in the worst conditions."

Why would any intelligent and kind human being not be in favor of such a bill?

The answer is blatant: Lobbyists from the powerful North Carolina Pork Council and N.C. Federation of Dog Clubs successfully swayed the House Finance Committee to determine the bill "too divisive."

I am a North Carolina native who has lived in this state my entire life. However, I am ashamed that North Carolina is considered to have the weakest animal-rights laws of any state in the entire nation.

It is high time that we demanded more from the folks in Raleigh who, presumably, respect and consider the opinions of their constituents.

I hope that concerned citizens throughout our state will actively participate in pursuing the passage of Senate Bill 460, so that the inhumane treatment in puppy mills will, once and for all, be a part of our state's past.

CARLA SHUFORD
Chapel Hill

LETTERS POLICY

Letters should be no more than 425 words in length and must be accompanied by the author's name, address and contact information.

We will publish one letter per author per month. Lengthy letters written in longhand will mysteriously become lost. Emailed letters are preferred.

That said, send your letters to:

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editor@carrborocitizen.com

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BIZ BEAT

Mid-year economic outlook

MARGOT C. LESTER

Back in January, I surveyed a handful of local business owners to find out what they thought 2010 had in store for their enterprises. (You can read their original prognostications here: bit.ly/92Zts8). Now that we've hit the mid-point of 2010, I wondered how things were going.

Dianne Reid, president of the **Chatham County Economic Development Corporation**, says things looked good in the first half of the year.

"The EDC is seeing more interest in business expansion, more new entrepreneurs exploring start-up business ideas and more interest from outside companies looking to locate in Chatham County. We project continued interest, particularly as we launch additional marketing efforts on behalf of the county."

But she remains guarded.

"The economy is in a very precarious state and a major problem in one of a variety of fronts—a major drop in the stock market, an increased number of people walking away from underwater mortgages—could send us into a tailspin."

Orange County folks are keeping an eye on budget cuts at UNC. Brad Broadwell, director of the **Orange County Economic Development Commission**, said there's good news and bad news in that department. "UNC-Chapel Hill might lose up to 200 employees. But it looks as though UNC Health Care would more than take up the slack, as it is reported to be looking at hiring up to 350 employees."

There's also been an uptick in entrepreneurial activity.

"Through the first five months of the year, we have seen a growth of over 450 micro businesses in Orange County," Broadwell boasts. "Proof once again that our citizens are resilient, don't stay on the government dole and add to the relative stability of the Orange County economy."

And what do business owners think about the first half of 2010? Here's what they said:

Brad Bonneville, owner

Bonneville Renovation & Repair LLC, Carrboro

"We've been short-handed and over-worked since February with a lot of restaurant repair, renovation and new stuff; a lot of home upgrades and additions; and even some new construction. So I don't

see the economy in Carrboro and Chapel Hill as being too bad right now. Last summer was so slow—the summer we're slammed."

Matt Neal, co-owner
Neal's Deli, Carrboro

"I think the economy needs to get a lot better; it seems to have a hard time getting any traction. We are doing more business than last year due to some good press that we've gotten. Hopefully, those new customers were happy and will come back this fall! Going forward, we'll focus our marketing on our lunch delivery to downtown Chapel Hill and campus and on catering."

Ashley Atkins, account manager
OENOPHILIA, Hillsborough

"Our sales numbers last year at this time were not high because of the economy. This will be—hands down—the best summer in the 27-year history of the company. Early indicators point to us reaching our sales goals for the year. I expect we will look back on 2010 as a great year."

Lyle Estill, vice president
Piedmont Biofuels, Pittsboro

"We did not anticipate BP's Deep Horizon well filling the Gulf of Mexico with oil. Our phones are ringing off the hook, and we are adding new members at an unprecedented rate. Nowadays, we have a new class of member running on our fuel. They are cutting up their BP credit cards and signing up with us. We are guessing this will be our best year ever."

Charles House, owner
University Florist, Chapel Hill

"I still am somewhat optimistic, but perhaps not as much as at the beginning of the year. The economy may have shown some first signs of improving, but until the public *thinks* it has and starts to spend again, I am afraid we will not see a great improvement in sales. Our business is a little off from last year, but we have tried to adjust by more careful buying and adjusting staffing. So far, so good. As usual, our sales will rise with the reopening of the university in the fall—always has—so that should help with the final six months of the year."

Sustainable car care

Last month, **Chapel Hill Tire** became the first car care center in the Triangle to offer the Environmentally Friendly Oil

Change. But that's just the latest in the company's efforts to operate more sustainably.

"In 1996, Chapel Hill Tire Car Care Center was the first car care center in the Triangle to offer Nitrofill, a nitrogen tire inflation system," explains owner Marc Pons. Tires inflated with pure nitrogen can improve fuel efficiency by up to 10 percent, and they last up to 30 percent longer.

Among its other efforts, the company uses recycled anti-freeze, has two company cars that are hybrids and encourages store managers to reduce energy and water costs by 10 percent. The recently renovated Carrboro store was sustainably built, with a 16.4-kw solar system consisting of 81 solar panels and dual-flush toilets, rain barrels to capture rain water and irrigate the garden, reused building materials and insulated low-e-glazing window panels.

"It's the right thing to do," Pons says of doing business sustainably. "It demonstrates that you are running a good business."

Real estate news

Local home appraiser **Jim Mansfield** was diagnosed with cancer earlier this summer. Friends and colleagues have established an assistance fund for him and his family and tax-deductible donations are now being accepted. Checks should be made payable to Amity United Methodist Church, with "Jim Mansfield" in the memo, and mailed to 825 N. Estes Drive, Chapel Hill, N.C., 27514.

Deborah Rigsbee Miller of **Coldwell Banker Howard Perry and Walston** in Durham is now an EcoBroker Certified agent. Miller completed an informative training program on the energy and environmental issues that affect real estate transactions. Green issues aren't new to Miller, who worked with the EPA for 26 years prior to going into real estate.

The Winmore neighborhood is expanding its footprint with multifamily rental and for-sale properties. The Landings, developed by **Crosland Builders**, will consist of 58 affordable apartments designed for families. The 1,000- to 1,350-square-foot townhomes in Winmore, developed by **David Weekley Homes**, are now on the market. Additionally, construction of Phillips Square, Winmore's village center, is nearing completion.

Business Briefs

Lending workshop

The UNC Center for Civil Rights will hold a brown bag lunch on responsible lending led by Nikitra Bailey, executive vice president for external affairs for the Center for Responsible Lending. The event will be held Wednesday from noon to 1 p.m. in the boardroom of the UNC School of Law. For more information, contact 843-3921 or civilrights@unc.edu.

Get listed

Don't miss your chance to have your Carrboro-based enterprise listed in the annual Carrboro Business and Resource Guide. Submit your company information (including corrections) to Robert Dickson by 5 p.m. July 30 at publisher@carborocitizen.com. More than 7,000 copies of the publication will be distributed with the Sept. 9 edition of the paper and will be available year-round at Town Hall and other locations. Want more than a listing? Contact Marty Casady (marty@carborocitizen.com) to purchase an ad that will get your business noticed.

Leadership program now enrolling

Leadership Triangle's Personal Leadership Development Class is enrolling candidates for its next session beginning Sept. 23. The program matches participants with nationally recognized leadership coaches and introduces them to top Triangle leaders. Tuition is \$1,800. Applications are due by Aug. 27; early birds can save \$150 by

applying before Aug. 10. For more information, visit bit.ly/99G3of or call Leadership Triangle's executive director, Winkie LaForce, at 433-1577.

Maze receives recognition

Southern Village-based Maze Financial Planning LLC, a wealth-management firm associated with William H. Bunch CPA PA, was named a Top 100 North Carolina Small Business for 2010 by *Business Leader* magazine.

Mixing business and politics

The Chapel Hill-Carrboro Chamber of Commerce will host its Fifth Annual State Legislative Briefing on Aug. 10 from 8 to 9:30 a.m. at the Carolina Inn. Attendees will hear from state legislators about key issues affecting the business community and will have a chance to ask questions of elected officials. Invited speakers include Speaker of the House Joe Hackney; representatives Verla Insko, Bill Faison and Larry Hall; and senators Bob Atwater and Ellie Kinnaird. Cost is \$30 for chamber members, \$40 for non-members. Register at carolinachamber.org or call Laura Morrison at 357-9989.

Got business news?

Win an award? Expanding? Hire new staff? We'd love to consider your news for inclusion on our monthly business page. Send items to Margot Lester (margot@carborocitizen.com) for possible publication in the Aug. 19 edition.



Carrboro Family Clinic's grand opening was held July 7 at their digs in Carrboro Plaza. Beverages and tasty snacks were served to local officials including Carrboro Mayor Mark Chilton and town director of economic development James Harris and representatives of local businesses, medical practices and Carrboro Plaza merchants. Pictured above is family nurse practitioner Xiao McLinton, owner/proprietor and care provider. PHOTO COURTESY OF CARRBORO FAMILY CLINIC

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Xiao Q. McLinton, FNP, MSN

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Calling all Carrboro businesses

The Town of Carrboro will publish the **2010-11 Community Resource and Visitors Guide**

in September 2010. Businesses started in the last 12 months or not included in last year's listing are invited to provide information. Home-based businesses are encouraged to participate.

Please submit the following information: industry/business type, business name, address, phone number and URL. To update listings from last year's directory, visit www.carborocitizen.com/print/guide2009.pdf and then submit corrected information. All data should be sent to Robert Dickson at publisher@carborocitizen.com by July 31, 2010.

For information regarding advertising in the Resource Guide, please contact Marty Casady at marty@carborocitizen.com or 919-942-2100.

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A postcard from the Durwood Barbour Collection of North Carolina Postcards shows a photo of Sparrow's Pool, with the caption, "The Sparrow Pool. A clean, beautiful pool — with filtered water from the University Reservoir. Use the Chapel Hill-Carrboro bus."

PHOTO COURTESY OF THE NORTH CAROLINA COLLECTION PHOTOGRAPHIC ARCHIVES



Joseph and Mattie Sparrow with a young Lawrence McAdams. PHOTO COURTESY OF LAWRENCE MCADAMS

POOL
FROM PAGE 1

The pool remained open until 1958, when it became too much for Mattie Sparrow to manage after her husband died in 1955. In 1961, she moved to Pine Street and sold the house to the Bost family, who used the pool just for family and friends.

The property changed hands several more times over the years. Before the Kendalls bought it, it was rented to the Carrboro Greenspace Collective, which showed movies in the pool and housed members in the old Sparrow home.

A reunion

After renovating their new home, the Kendalls wanted to hold an event that would serve not only as a housewarming party but as an occasion to reunite the pool's former regulars, though the pool remains empty. "It just meant a lot to the community," Jane Kendall said.

She tracked down Lawrence McAdams, whose mother was best friends with Mattie Sparrow and who spent countless hours in the swimming pool. McAdams helped her locate other Sparrow

Pool regulars, including Glenn Michael "Micky" Sparrow, Joseph Sparrow's grandson.

Thomas "Bo" Taylor, a longtime lifeguard at the pool, said he spent all his summer days and evenings there, "from the time I was a little boy until I joined the Army."

Taylor and his brother Hubert were in charge of mowing the grass, watching over the pool and keeping everyone in line. Some evenings, the parking area would get so full that Taylor had to go up the hill to move cars around to allow people to get in and out.

"We kept it open as long as there were people here," he said.

Taylor now lives in Randleman, but traveled back to Carrboro to reunite with old friends and swap recollections.

"This brings back some good memories," said Sandy Lloyd, who spent many happy days around the old property. Lloyd lived up the hill from the pool in his youth and still lives in Carrboro.

"Well, this was the only place that you had to go," he said.

Lloyd told stories of sneaking around the property stealing watermelons grown by the Sparrows and teasing women who swam at the pool.

"If some of the women were to come down here on Sunday afternoon and swim in Sparrow's pool, they wouldn't let them go to church the next Sunday," Lloyd said.

Pearl Maynor said she only visited the pool a few times, but that her husband used to hang out there.

"I've sure heard some tales about it," she said. "There wasn't much else to do in Carrboro back then."

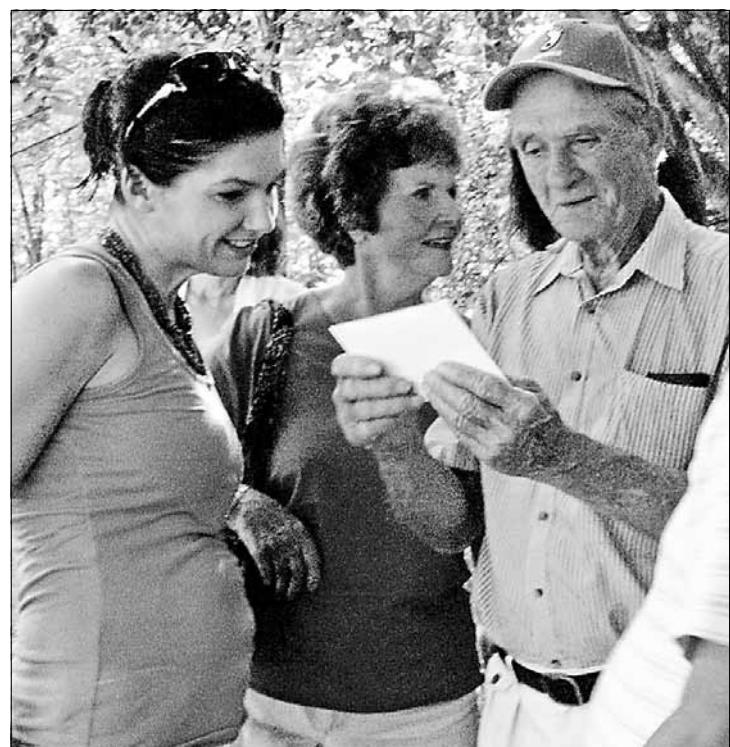
"I know there were some good times had down there."

The future of the pool Because the pool is far from meeting today's standards and regulations, the Kendalls aren't sure whether they'll be able to restore it for swimming. Regardless, they want to restore the property in some way, and possibly use it as an educational space for kids to learn about the environment or other topics.

"We ultimately want to put a conservation easement on this property," Logan Kendall said. "It really was a ruin that we thought really needed to be preserved."

Despite the obstacles, Jane Kendall said she hopes she'll be able to use the pool for swimming, and wants the party to become an annual event.

"You never know," Jane Kendall said. "Next time, you may



Jane Kendall looks on as Pearl Maynor and Bo Taylor look at old photographs from their days by Sparrow's Pool.

PHOTO BY SUSAN DICKSON



A swimmer stands on the spring board at Sparrow's Pool.

PHOTO COURTESY OF LAWRENCE MCADAMS

CRASH
FROM PAGE 1

UNC Hospitals officials said Donahue remains in critical condition with injuries to his legs. Henn left the hospital Tuesday. He and his family issued a statement saying, "We are so grateful to both of the pilots for everything they did on our behalf and are both touched and broken by the events. Our thoughts and prayers are with them and their families."

According to *The News Journal* of Wilmington, Del., the two pilots often flew humanitarian missions such as transporting injured soldiers and their family members.

The investigation into the crash will likely focus on how the plane overshot the runway and when and why the plane's parachute was deployed. Cirrus SR20s are one of the few planes equipped with a chute, formally known as a ballistic recovery device.

UNC Public Safety spokesperson Randy Young said witnesses reported the plane coming in from west to east.

An investigator from the National Transportation Safety Board arrived at the university-owned and -managed airport on Tuesday afternoon to look into what caused the crash. The investigation could take up to 10 days to complete.

The white single-engine plane with blue trim came to rest along

the chain link fence in the northwest corner of the airport in an area near the former Chapel Hill Transit bus garage and an impoundment lot used by UNC. The plane was broken into large pieces, its parachute cords strung east of the crash site.

Federal Aviation Administration officials visited the site Monday night.

The university closed the airport after the crash and shifted its Medical Air operations, which transport clinicians and instructors with UNC Health Care's Area Health Education Centers, to Raleigh-Durham International Airport. It reopened late Tuesday.

Safety at the airport has long been a concern, especially as Chapel Hill and Carrboro grew into the area surrounding it. A series of crashes in the late 1990s led to a vigorous effort to close the airport, which resulted in stricter rules for use of the facility by private pilots and the departure of the Chapel Hill Flying Club.

Eventually, UNC plans to develop the airport and surrounding lands into its Carolina North campus.

AHEC
FROM PAGE 1

What's next for the Horace Williams airport and its surrounding property is for now a little less certain.

The initial building for the new campus was intended to be the Innovations Center, a public-private partnership that would house university spin-offs and entrepreneurs working with the school. The Chapel Hill Town Council approved a special-use permit for the building, to be located near the intersection of the former Municipal Drive and Martin Luther King Jr. Boulevard, in early 2008. But the center's timeline is now uncertain.

"The state of the economy is slowing that down," Evans said.

And even though the university's board of trustees recently approved a site and preliminary plans for a new law school, there are no funds to move ahead.

"We know where we want to put the law school," Evans

said. But moving ahead on the project, he said, will depend on legislators finding the money for it.

Evans said the first building at Carolina North may be a research building that would house a number of centers and institutes that are now paying rent elsewhere.

"We could redeploy those rents to cover the debt burden of the building," he said.

The project is in the planning stage and where the new building will go on the property has yet to be presented to the board of trustees for review, Evans said. Once plans are firm, he said, UNC would move forward with a site-development request to the town in a process spelled out under a development agreement for Carolina North struck with the town last year.

Early stages of any work at Carolina North would start with building the infrastructure to support future development, Evans said.

— Kirk Ross

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5	7	6	2	1	4	9	3	8
2	1	3	9	8	5	7	6	4
8	3	7	5	2	6	4	1	9
6	4	2	1	9	8	3	5	7
1	5	9	4	3	7	2	8	6
9	6	1	8	7	2	5	4	3
3	2	4	6	5	9	8	7	1
7	8	5	3	4	1	6	9	2

CRYPTOQUOTE ANSWER: Whatever turns you on!

1541010203040506070809101112131415161718192021222324252627282930313233343536373839404142434445464748495051525354555657585960616263646566676869707172737475767778798081828384858687888990919293949596979899100

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HOUSE FOR RENT



WALK TO CARR MILL! A 5BR, 3Bath mill house only a few blocks from downtown. Rocking chair front porch, back deck and storage shed. Available August 5th for \$2,500. Visit www.millhouseproperties.com for more, or call 968-7226

HOMES FOR SALE



DECK HOUSE ON 28 ACRES True Deck House built in 1975. In keeping with Deck House designs, this home takes full advantage of the property and is perched above Neville Creek. Expansive rooms and walls of windows bring the outside in. A nature lover's home. Don't miss this one. \$650,000 Weaver Street Realty 929-5658



HILLSBOROUGH HOME Friendly-feeling interior spaces, gorgeous hardwood floors, nice kitchen with a separate dining room. Gardens galore and there's even an adorable garden shed! Backyard is fenced and also features a workshop/ studio currently used by a potterer (kiln not included.) \$154,900 Weaver Street Realty 929-5658



HISTORIC HILLSBOROUGH HOME "The Carpenter's House" built 1828, restored and expanded 2004. Two blocks from downtown. With Eno River frontage. 3 bedrooms/2.5 baths plus a 1 bedroom apartment. Priced below appraisal. For photos and more information, visit www.233WMargaretLane.com Barbara Mull, Churton Street Realty 919-357-1111



MCCAULEY-CAMERON HISTORIC District-Duplex style home unlike any other. Vaulted ceilings, lofts, floor to ceiling windows, large, private yard, decks, custom touches everywhere. Only 7 homes from UNC Campus! We bet you've never even noticed this home before, it's so private. \$767,369 Weaver Street Realty 929-5658



NICELY UPDATED 4BR/3FB home has vaulted ceiling, skylights, oak and tile floors, upgraded Kitchen and Baths. Additional kitchenette offers in-law suite potential. Walk to Farmer's Market & Carrboro events! 103 Lilac \$274,800. Great Triangle Homes, Connie Shuping, (919) 270-2346 www.GreatTriangleHomes.com



OPEN HOUSE SUN JULY 18 2-4 241 Sweet Bay Place. A wonderful townhome for sale. Fresh paint, carpets cleaned. Private deck faces the woods. Ready now for a new Cool Carrboro resident. Offered at the reduced price of \$285,000. Contact Mariana Fiorentino, Terra Nova Global Properties. (919) 929-2005.

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HOMES FOR SALE



OPEN HOUSE SUN JULY 18 2-4 Freshly Updated Spacious 2 Bedroom Townhouse in Beautiful Colony Lake. New Carpet. Laminate Floors LR/ DR. Ceramic Tile Entry, Guest Bath and Kitchen. Enjoy the Lake. CH Free Busline. 230 St. Andrews Lane. Great Price. \$146,500. Call Pat at RE/ MAX 368-4068.



OPEN HOUSE SUNDAY JULY 18, 2-4 Beautiful two story, 3BR, 2 BA, duplex townhomes in the Claremont subdivision on the edge of Carrboro! Huge open floor plan has master bedroom and hardwood floors on the main level. Community pool and clubhouse plus Chapel Hill-Carrboro school district. \$115,000 to \$150,000 depending on buyer's income. For more info call 967-1545 x303 or visit our website, communityhometrust.org. 967-1545



SAXAPAHAW, TAKE 2 Another cool bungalow in Saxapahaw! Large lot has plenty of garden space. Inside are 2-3 bedrooms, modern kitchen and wood floors. Backyard is fenced. Very cute and a great price to boot :) Weaver Street Realty \$117,000 929-5658

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SELLER SAYS SELL! Updated 2 Bedroom Booker Creek Townhome. Priced below Tax Value. New carpet and Laminate at entry. Spacious Rooms. Fridge included. CH Schools. Convenient to UNC, Duke, and downtown CH. Free Busline. 108 Sully Court \$124,900. Call Pat at RE/ MAX 368-4068



SELLER SAYS SELL! THIS ONE TOO Updated 2 Bedroom Booker Creek Townhome. Priced below Tax Value. New carpet and Hardwoods at entry. Recent updates include cabinets and lighting. Private rear yard. CH Schools. Busline. 107 Sully Court \$129,900. Call Pat at RE/ MAX 368-4068



SWEET BUNGALOW West of Carrboro on Gold Mine Loop. Almost 3 acres. 3 Outbuildings. Fenced area for pets. 2 Bedroom. Nice two sided Fireplace. Hardwoods. Awesome price \$187,900. Call Pat at RE/MAX 368-4068.



SWEET SAXAPAHAW! bah, bah, bah! You'll love living here for sure (for sure, for sure, for sure). Cute mill-house home, (with big yard) is ready for new owners. (fine print: 2 BR/1Ba, new roof, fresh paint, large kitchen, pottery shed, new septic system) \$147,500 Weaver Street Realty 929-5658



The POSTER HANGER

ILLUSTRATION BY PHIL BLANK

YARD SALES

YARD SALE SAT JULY 17 Household items, adult clothing, some furniture & TVs. 1404 Borland Road, Hillsborough (4 miles north of Carrboro just off Old 86.) 8am til 1 pm, rain or shine. No early birds please.

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Tree of heaven invades forest edges between Calvander and Carrboro. PHOTO BY KEN MOORE

FLORA
FROM PAGE 1

Another vigorous exotic, expressing itself now along field and woodland edges, as well as on paved urban sites, is Tree of Heaven, *Ailanthus altissima*. It was introduced in the late 1700s from Europe, to where it had earlier been imported from China for potential silkworm production. The intended silkworm industry failed in Europe and America, but that tree has succeeded all too well, now displacing native trees and shrubs. You can't miss it along woodland

edges of the Calvander approach to Carrboro and along the bypass between Jones Ferry and Smith Level roads.

You can easily spot single specimens or thickets of upright stems with compound leaves of 10 to 40 leaflets. Vigorous clusters of yellow-green winged fruit on the female trees maturing to a striking rusty red and brown in the late summer are eye catching.

Both of these trees, among others, are on Carrboro's newly adopted list, which is "Rank 1-Severe Threat" of the North Car-

olina Native Plant Society Invasive Exotic Species List. You are encouraged to visit ncwildflower.org/invasives/list.htm for other categories of invasive plants.

I will most likely continue this topic next week.

In the meantime, I'll continue my own battle with my formerly favorite mimosa and will never allow Tree of Heaven a foothold on my property. The nature of our roadsides and forests is in our hands. You will have to decide how responsible you are going to be.

Email Ken Moore at flora@carrborocitizen.com.



Bill and Ida Friday, 2004

Dear President Friday,

What can I give to someone turning 90 who has already received about every honor the Old North State can heap on one man? Being a photographer, I reckon I could start with this photo — of you and your lovely wife, Ida, back in the fall of '04, when the UNC School of Education presented you both its highest honor, the Peabody Award, for your extraordinary impact on the field of education. And maybe a story as well will complete my gift. It's a "Cat Baby" story Charles Byrd likes to tell: When someone took the late great Chapel Hill paperboy George "Cat Baby" Cannada to Washington, D.C., they showed Cat the White House, saying, "And Cat, the president lives here!" To which Cat Baby is reputed to have exclaimed, "I didn't know Mr. Friday had a house up here too!"

Happy Birthday.

Your fan,
Jock Lauterer

A THOUSAND WORDS

BY JOCK LAUTERER



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1' 7.25" inches below full
CANE CREEK: 1' 10" below full

PRECIP THIS MONTH
JONES FERRY: 0.08"
CANE CREEK: 1.02"

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- Fromager d'Affinois\$9.99 lb
- Maytag Blue.....35% off
- Cowgirl Creamery Mt. Tam\$12.99 ea
- Tillamook Cheddar\$7.99 lb
- Stilton with Mango & Ginger\$15.99 lb
- Humboldt Fog Chèvre.....\$4 off
- Baby Swiss.....\$6.49 lb
- Joan of Arc French Brie, 8-oz\$3.49 ea
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