

**PROGRAMS & SERVICES:**

# The Women's Center



Information

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Education

•

Referral

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Support

Services for Triangle Women  
The Women's Center

# Our Services

## WHAT DOES THE WOMEN'S CENTER DO?

The Women's Center empowers women and girls by providing them opportunities to grow, learn new skills and give support to one another. At The Women's Center, women and girls have access to quality legal services, financial and career counseling, adolescent programming, community resources and emergency assistance.



## LEGAL SERVICES

We provide answers to your legal questions and arm you with the information and resources you need to tackle your legal issues.

- ◆ Free 15-minute phone appointment with an attorney or free 30-minute in-person appointment with a UNC law student provides you with legal information.
- ◆ Our family law book gives you legal information about separation, divorce, domestic violence, child custody, and property settlement. Available in English or Spanish.

## FINANCIAL COUNSELING

We help you manage your money, save to buy a home and overcome any credit/debt issues you might have through our Community Financial Counseling program.

- ◆ Financial counseling can help you budget your money and meet your financial goals.

## CAREER COUNSELING

We provide you with the job search skills to land a job through our career counseling program New Choices... Strategies for Success.

- ◆ Individual career counseling helps you with your resume and interviewing skills, advises you on the job search or helps you explore a career direction.



## SUPPORT GROUPS AND WORKSHOPS

We teach you skills and help you find other women to connect with as you experience life changes through our workshops and support groups in the areas of personal growth, legal issues, career, health, finances, and women's issues.

## ADOLESCENT PROGRAMS

We teach girls life skills and critical thinking to guide and help them make good decisions now and in the future through our adolescent programs.

- ◆ **Teens Climb High (TCH)** is an empowerment program for middle school girls from low-income families in Chapel Hill and Carrboro. TCH provides girls with support to make positive life choices and avoid teen pregnancy. The program includes after-school group sessions, mentoring, enrichment activities and case management.
- ◆ **M.A.G.I.C (Media Analysis of Gender and Image Construction)**, a media literacy program for girls and boys, gives participants the skills to evaluate media messages related to gender, body image, violence, money, and relationships. Staff is available to provide programming for schools and community groups and to train educators.



## THE RESOURCE ROOM

We connect you with the resources you need through our information and referral services. Come visit our Resource Room for information on community events and programs. We also have:

- ◆ lesbian, bisexual and transgender resources
- ◆ listings of attorneys and therapists
- ◆ listing of local job openings
- ◆ housing information
- ◆ free resource posters

## Services Available at The Women's Center:

- ◆ 15-minute informational phone appointments with attorneys
- ◆ 30-minute in-person appointment with a UNC law student
- ◆ Resources on family law issues
- ◆ Legal clinics
- ◆ Support groups and workshops
- ◆ Budget counseling
- ◆ Career counseling
- ◆ Youth empowerment programs
- ◆ Support Services
- ◆ Community information and referral

**For more information, to make an appointment, or to learn about our volunteer opportunities call 919-968-4610 or visit <http://www.womenspace.org>.**

### **Center Hours:**

9 a.m.-7:30 p.m. Monday-Thursday  
9 a.m.-2 p.m. Friday

**The Women's Center is located at 210 Henderson Street, in downtown Chapel Hill.**

**Directions from Durham:**

Take I-501 S towards Chapel Hill. Take the Franklin St. exit. Stay on Franklin St. for about 3 miles. Look for the Morehead Planetarium on the left. After passing the Planetarium, take a right at the stoplight onto Henderson St. Cross Rosemary St. After Rosemary St., the Center is the 2nd building on the right. A two-story, tan house.

**Directions from Raleigh:**

Take I-40 West. Take exit 270 (I-501 South, to the right of the exit ramp). Continue with directions above.

**Directions from Hillsborough:**

Take I-40 East. Take exit 260 (Hwy 86/ Airport Rd., exit ramp to the right). Stay on Airport Rd. until you get to Rosemary St. Take a left onto Rosemary St. At the next stoplight, take a left on Henderson St.

Limited parking is available for clients and volunteers adjacent to The Women's Center.

**The Women's Center  
210 Henderson Street  
PO Box 1057**

**Chapel Hill, NC 27514  
Phone: 919-968-4610 or  
1-888-669-4736 toll-free**

**Email: [career@womenspace.org](mailto:career@womenspace.org)  
<http://www.womenspace.org>**

# The Women's Center 2006-07 Membership

PO Box 1057 • Chapel Hill, NC 27514 • (919) 968-4610 • [www.womenspace.org](http://www.womenspace.org)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

This is a membership in honor of: \_\_\_\_\_

Please send an acknowledgement to: \_\_\_\_\_

I would like more information about becoming a volunteer at The Women's Center.

Check amount paid and type of payment: \_\_\_\$25 Basic Membership      Other \$\_\_\_

**You must fill out ALL info including CVV2#, your phone # & email if paying by credit card.**

MC/Visa/Disc/AmEx/Diners Club # : \_\_\_\_\_

Exp. Date: \_\_\_\_\_ CVV2# (3 or 4 digit # on back of your credit card): \_\_\_\_\_

Check enclosed (please make check payable to The Women's Center).

My company has a Matching Gift program (please enclose company match form).

Pay online at <http://app.etapestry.com/hosted/TheWomensCenterChapelHill/OnlineGiving.html>

*Membership includes a tax-deductible donation to the Center, a newsletter subscription, & discounts on programs.*

**Financial • Legal • Career • Adolescent • Information & Referral • Workshops**

*Dedicated to Improving the Lives of Women*