

**Carolina Open Collegiate Tae Kwon Do Championships  
October 11, 2003 – University of North Carolina Chapel Hill**

It is my pleasure to once again welcome you to the Carolina Open Collegiate Tae Kwon Do Championships. The Carolina Tae Kwon Do Club had a marvelous time in presenting the first Carolina Open, on April 12, 2003, and we are looking forward to hosting the 2<sup>nd</sup> Carolina Open Collegiate Tae Kwon Do Championships, here at the University of North Carolina at Chapel Hill, on Saturday, October 11, 2003.

Once again, the Carolina Open will feature the latest in electronic scoring technology, by RingMaster, to provide competitors with the smoothest and most enjoyable tournament experience. We will feature double elimination brackets in all of our divisions, and once again will have overtime rounds in the event of a tie. Additionally, gold medalists in the black belt Olympic sparring divisions who will be attending the 2003 National Collegiate Tae Kwon Do Championships will be awarded with a check, made out to the NCTA, which will fully cover the registration fee for that event.

The Carolina Open, as always, is committed to maintaining an affordable tournament experience for all competitors, and will feature an extraordinarily low entry fee of only \$35 for one or both of our events (Olympic Sparring and Poomse). However, black belt competitors who have medaled in Olympic Sparring during the past two years at USTU Senior Nationals, USTU Junior Nationals, or the NCTA National Collegiate Championships (as black belts), will receive free entry into the Carolina Open. In every way, the Carolina Open is working hard towards bringing all of its participants the best tournament possible.

I personally hope to see you here on Saturday, October 11, 2003 for the Carolina Open Collegiate Tae Kwon Do Championships! It promises to be a spectacular event and will be the perfect opportunity to get in some extra experience before the 2003 NCTA Collegiate National Championships. So come out and join us, and I hope to see you here in Chapel Hill soon!



Richard Carlucci  
Tournament Director – Carolina Open

**The Carolina Open Collegiate Tae Kwon Do Championships  
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Contact: Carolina Tae Kwon Do Club  
UNC-CH Sports Clubs  
203 Woollen Gym #8605  
Chapel Hill, NC 27514-8605**

## **RULES AND REGULATIONS**

### **Eligibility**

- Current Student/Faculty of any college or university
- Incoming Freshman of any college or university
- Recent graduate (within 5 years) of any college or university

### **Registration**

- Enclosed registration materials must be completed in full and postmarked by September 29<sup>th</sup>, 2003. Registration form and Wavier form must be returned together.
- Registrations postmarked between September 29<sup>th</sup> and October 6<sup>th</sup> will be charged a \$10 late fee.
- NO registrations postmarked after October 6<sup>th</sup>, 2003 will be accepted. There will be NO on-site registration.
- Payment is to be made in the form of a certified check or money order only. NO personal checks accepted. All checks should be made out to Carolina Tae Kwon Do Club, and must accompany registration materials.

### **Equipment**

- All competitors must wear a white uniform (black collar for black belts only) – no other colour uniform will be allowed.
- Olympic style sparring competitors must have:
  - 1 WTF-approved shin guard
  - 2 WTF-approved forearm guard
  - 3 WTF-approved head gear (white, red or blue only)
  - 4 WTF-approved chest protector (red and blue markings required)
  - 5 Groin cup (for males)
- Optional equipment for Olympic style sparring competitors:
  - 1 Instep guard
  - 2 Mouthpiece (mandatory for black belts)

### **Referees and Judges**

- All Clubs in attendance will be required to supply a minimum of 1 qualified black belt referee/judge.
- An additional referee/judge is required for every 10 competitors representing a Club

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**Weight Divisions**

- Colour belt competitors will be divided into light, medium, and heavy weight classes as necessary by the tournament officials. Colour belt competitors will be divided into two groups, based on their rank. 8<sup>th</sup>-5<sup>th</sup> kup and 4<sup>th</sup>-1<sup>st</sup> kup, and from there divided into weight classes.
- Black Belt competitors will be divided into four weight classes based on their respective weights, as noted in the chart below:

	MALE	FEMALE
Light	Under 127.8 lbs (58kg)	Under 112.4 lbs (51kg)
Medium	127.8 (58kg) – 147.7 (67kg)	112.4 (51kg) – 130 (59kg)
Welter	147.7(67kg) – 171.9 (78kg)	130 (59kg) – 147.7 (67kg)
Heavy	Over 171.9 (78kg)	Over 147.7 (67kg)

All fairness will be considered in placing competitors into their respective weight divisions. With respect to all divisions, the tournament officials reserve the right to alter specifications at any time, without notice. No black belt division will compete with fewer than four (4) competitors. No colour belt division will compete with fewer than three (3) competitors.

**Poomse Guidelines**

- All competitors will perform their own belt level Poomse. (WTF, ITF, ATA, and all others accepted)
- Poomse will be judged on a 1-10 scale (10 being the highest score) based on:
  - 1 Clean execution of technique
  - 2 Power of technique
  - 3 Control of the body
  - 4 Presentation
  - 5 Speed of technique
  - 6 Rhythmic flow of the Poomse

**Olympic Style Sparring Guidelines**

- Colour Belt Eliminations: two 90 second rounds with 45 second rest
- Colour Belt Finals: two 2-minute rounds with 1 minute rest
- Black Belt Eliminations: two 2-minute rounds with 1 minute rest
- Black Belt Finals: three 2-minute rounds with 90 second rest.
- Full Contact for black belts
- Medium Contact for colour belts
- Current WTF rules apply for points/deductions
- There will be no tie matches! Overtime rounds will be contested until a winner is decided
- 3rd and 4th place competitors will compete in a consolation match for the bronze medal in all divisions

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## **Schedule of Events**

### Saturday, October 11, 2003

10:30am	Check-in opens for all competitors
11am	Referees & Officials Briefing
12noon	Opening Ceremony
12:15pm	Black Belt Poomse & Colour Belt Poomse begin
1:30pm	Black Belt Sparring begins
2:30pm	Colour Belt Sparring begins
6:00pm	Black Belt Gold Medal Matches begin

This schedule is our goal and we will strive to adhere to it as strictly as possible. However, this schedule may change at any time. All competitors are required to attend the opening ceremony, at which time a definitive schedule will be released, based on calculations made after all registration forms have been received. Check-in will cease at 12noon to ensure that all competitors arrive on time to receive proper instructions. Athletes who are late in their arrival must contact the tournament committee on the morning of the tournament by calling 919-673-5063 to ensure that they are properly informed of the day's schedule of events, otherwise they will not be allowed to compete and will be given a full refund (less \$15 pre-tournament administrative fee).

In order for the Carolina Open to operate smoothly, and in a timely manner, competitors are to report to their assigned rings at least 15 minutes prior to the start time designated on the schedule above (or as altered on the day of competition). Those competitors who have not arrived at least five (5) minutes before their start times will be disqualified without refund. Competitors are also expected to remain in the general area of their ring until they have competed. Competitors who leave their competition area and are not present when called into the ring will be disqualified at that time without refund. (Exception can be made for emergencies, in which case ring officials MUST be notified, and a representative of the athlete must remain in the competition area) NO announcements will be made for missing competitors. The Carolina Open is committed to providing a timely and efficient experience for all competitors, and tardiness will not be accepted.

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## Accommodations

### **Area Hotels:**

#### **Holiday Inn Express**

919-489-7555

#### **Carolina Inn**

919-933-2001

#### **The Siena Hotel**

919-929-4000

#### **Best Western Inn**

919-932-3000

#### **Hampton Inn & Suites**

919-403-8700

#### **Days Inn**

919-929-3090

## Driving Directions

If coming from RDU Int'l Airport, take I-40 west when leaving the airport. All visitors and competitors should take I-40 to Chapel Hill. From Interstate-40, take exit 273 (NC Highway 54) towards Chapel Hill, NC. Remain on NC 54 for several miles. NC 54 will cross under a bridge (US 15-501), at which point the 54 route will shift onto that bridge, and what was formerly NC54 will become South Road. As South Road enters the UNC campus, Fetzer gym will be on the left, about half a mile past the US 15-501 bridge, at the intersection of South Road and Raleigh Road, across from the UNC Student Union. Staff will be on hand to aid in parking (which will be difficult). Please prepare to drop competitors off at the site, and park vehicles at alternate locations (all within a 10 minute walk through UNC's beautiful campus).

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## Carolina Open Competitor Registration Form

This form, along with a signed waiver form (attached), must be completed in full and returned to the address below, postmarked no later than September 29<sup>th</sup>, 2003. Entries postmarked between September 30<sup>th</sup> and October 6<sup>th</sup>, 2003 will incur an additional \$10 late fee. NO entries will be accepted at the door. All registration materials, including payment, must be sent together.

(PLEASE PRINT)

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: (\_\_\_\_) \_\_\_\_\_ E-mail: \_\_\_\_\_ Gender: M F  
(CIRCLE ONE)

Rank: 1 2 3 4 5 6 7 8 Kup/Dahn Belt Colour: \_\_\_\_\_  
(CIRCLE ONE)

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Event(s): Poomse Olympic Sparring  
(CIRCLE ONE)

College or University: \_\_\_\_\_

Are you applying for free admission to the Carolina Open? Y N  
(circle one)

Please send \$35 registration fee (\$45 if returned between September 30<sup>th</sup> and October 6) in the form of a cashier's check or money order (no personal checks or cash accepted), along with this form completed in full and the attached waiver signed and dated, to the following address:

Carolina Tae Kwon Do Club  
UNC-CH Sports Clubs  
203 Woollen Gym #8605  
Chapel Hill, NC 27514

Make all cashier's checks or money orders out to:  
Carolina TKD Club

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**Release and Hold Harmless Agreement  
and Media Waiver**

As part of the consideration for my being allowed to participate in the Carolina Open Collegiate Tae Kwon Do Championships, I hereby release, hold harmless and forever discharge The University of North Carolina at Chapel Hill, its employees and agents, and the Carolina Open Collegiate Tae Kwon Do Championships and its promoters, officials, agents, affiliates, and insurance carriers, or any other person connected with the Carolina Open Collegiate Tae Kwon Do Championships, including but not limited to Richard Carlucci and Shin-Yi Lao, from any and all liability, claims, demands, actions and causes of action whatsoever arising out of or related to any loss, property damage, or personal injury, including death, that may be sustained by me or to any property belonging to me while I am participating in this activity, including travel to and from the activity

I agree to comply with the rules of the Carolina Open Collegiate Tae Kwon Do Championships. I acknowledge that competition in this event involves physical contact and other activities which may cause injury to me. I understand and acknowledge that vigorous exercise is a potentially hazardous activity that involves a risk of injury and even death. I acknowledge that I have completed and passed a complete physical examination performed by a licensed physician within the past year and that I am physically and mentally fit to participate in the Carolina Open Collegiate Tae Kwon Do Championships.

I acknowledge that my participation in this activity is elected by me and not required. I voluntarily assume full responsibility for any risk of loss, damage or personal injury, including death, and for any property damage that may be sustained by me as a result of my participation in this activity except that caused by the negligence of the University, its employees or agents, or the Carolina Open Collegiate Tae Kwon Do Championships, its employees or agents. This release and hold harmless agreement is binding on myself, my heirs, assignees, and personal representatives.

I hereby waive my right to compensation for any pictures, videos, media statements, interviews, etc. utilized by those producing or directing this event at any time.

I understand that, should I qualify to receive the \$65 check for the 2003 NCTA Collegiate National Championships, I will be required to either attend said championships, or forfeit at the time of receipt the aforementioned check. All checks will be made out to the NCTA, and are to be used only to cover the cost of registration for the 2003 NCTA Collegiate National Championships. I understand that any other use is strictly forbidden. No other prize will be awarded in substitution for athletes who qualify to receive the \$65 check, but will not be attending the 2003 NCTA Championships.

If the participant is under age 18, this form must also be signed by his or her parent or guardian, and all references to "me" or "my" in this document shall be understood to include both the participant and his or her parent or guardian. By signing this document in the blank marked "Signature of Parent or Guardian," I also acknowledge that I am the parent or guardian of \_\_\_\_\_

Name of Participant

\_\_\_\_\_  
(SEAL) \_\_\_\_\_  
Signature of Participant Date

\_\_\_\_\_  
(SEAL) \_\_\_\_\_  
Signature of Parent or Guardian if Participant Date  
is under 18

\_\_\_\_\_  
(SEAL) \_\_\_\_\_  
Signature of Witness Date